Tarheel Quilters Guild

SEPTEMBER BLOCK OF THE MONTH

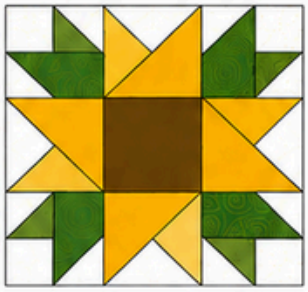
SUNFLOWER HARVEST

12 ½" x 12 ½" block (12" x 12" finished)

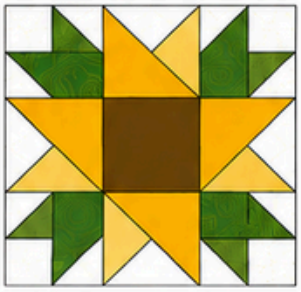
Note: Instructions are for making two blocks with opposite petal positions.

Yellow 1	Cut four 5" x 5" squares (check measurement)
Yellow 2	Cut two 5 ½" x 5 ½" squares
Green 1	Cut four 3" x 3" squares
Green 2	Cut eight 2 ½" x 4 ½" rectangles
Brown	Cut two 4 ½" x 4 ½" squares
Background	Cut two 5 ½" x 5 ½" squares Cut four 3" x 3" squares Cut sixteen 2 ½" x 2 ½" squares

Block A
(Petal Position 1)



Block B
(Opposite Petal Position)

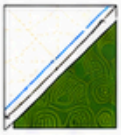


Color Scheme: Golden yellow, pumpkin orange, leafy greens, brown, and soft cream.

1 LEAF UNITS — MAKE 8

1. Mark the center diagonal on the wrong side of the 2 ½" Background fabric squares. Place a marked square on each of the Green 2 rectangles, right sides together. Be sure they are lined up in the direction shown.

2. Sew along the marked lines, just a needle width away from the marked line (blue line in illustrations, this allows for the thickness of the seam when you press it).



3. Trim the corners, leaving ¼" seam allowance from your stitch line (red dashed line).

4. Press toward the background fabric.

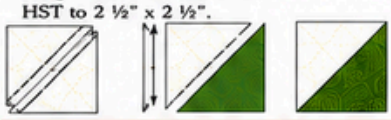
NEXT: MAKE HST UNITS

Use the 3" squares of Background and Green 1 to make Half Square Triangles (HST).

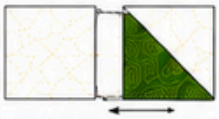
Follow the steps below to make the HST and attach to create the leaf units.

CONTINUE LEAF UNIT CONSTRUCTION — MAKE 8

5. Make HST: Join each 3" square of Green 1 with a 3" square of Background fabric. Mark ¼" from each side of the center diagonal. Sew on marked lines. Cut on center diagonal between stitched lines. Press toward the green fabric. Trim each HST to 2 ½" x 2 ½".



6. Sew a 2 ½" Background square to the side of each HST. Be sure the HST is in the same direction as shown. Press seam toward the Background square.



7. Add the folded corner unit to the bottom of each HST/square unit. Press seam toward the HST unit.

8. Each completed leaf unit should measure 4 ½" x 4 ½". Make 8.

2 FLOWER PETAL UNITS — MAKE 8

1. Use the 5 ½" squares of Yellow 2 and Background fabric to make HST two at a time. Mark ¼" from each side of the center diagonal. Sew on marked lines. Cut on center diagonal between stitched lines. Press toward the yellow fabric. Do not trim. Make 4.

2. Mark the wrong side of each Yellow 1 square. Mark ¼" from each side of the center diagonal. Sew on marked lines.

3. Place the marked Yellow 1 square on the HST unit. Be sure the marked lines on the Yellow 1 fabric are in the opposite direction of the seam of the HST. Center the square so the corners line up with the diagonal seam of the HST. Sew on marked lines.

4. Cut on center diagonal between stitched lines. Press toward the Yellow 1 fabric. Trim each unit to 4 ½" x 4 ½". From each unit you will get two split quarter square triangle units. Make 8 units (4 matching sets).

5. From each unit you will get two split quarter square triangle units. The position of the Yellow 2 triangles will be in different positions. Use four matching units for each block.

3 ASSEMBLE THE BLOCKS

1. Arrange the pieces to make your block matching the illustration.
2. Sew pieces in each row.
3. Press seams away from flower petal units as indicated by the arrows.
4. Then, sew the rows together to complete the block.
5. Repeat with the opposite set of flower petal units.

Thank you for quilting with us!

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Pattern Source: My Quilting Beehive 2026 • www.myquiltingbeehive.com

Handout prepared by The Stitcher's Hive for Tarheel Quilters Guild