



# Tarheel Quilters Guild

July 2021



Promoting and perpetuating the art of quilting since 1981

Guild News for

Happy Birthday to:

- Karen Shaw July 4
- Maridee Hargis July 9
- Drusilla Dunham July 13
- Debby Grice July 13
- Carolyn Edwards July 16
- Gladys Pedrojew July 19
- Judy Connor July 20
- Rhonda Thomas July 24
- Lindsay Michaels July 30



# July

## President's Message

Wow!! What an exciting meeting. There were so many of you that I had not seen in ages. I've missed all of you!!!!



We have so much going on. We are going to be at the Raleigh Sewing and Quilt Expo in August. If you did not sign up yet call me or Debbie Grice. (contact info on page 3)

### MEETING & EVENTS REMINDERS

**TQG Board Meeting**  
**Monday, July 12 at 6:30PM**  
Location TBA  
Nancy Moore will contact board members with location.

**TQG General Meeting**  
**Sunday, July 18th, 2PM - 4PM**  
**Unless otherwise notified location will be**  
**Phoenix Masonic Lodge #8**  
**221 Mason Street, Fayetteville**

**Christmas in July Sew Day**  
**July 10, St. Pauls, NC**  
**8:30AM - 3:30PM**  
Details pg 3; Directions pg 10

**Sewing & Quilt EXPO**  
**August 5, 6, & 7**  
**RALEIGH, NC**

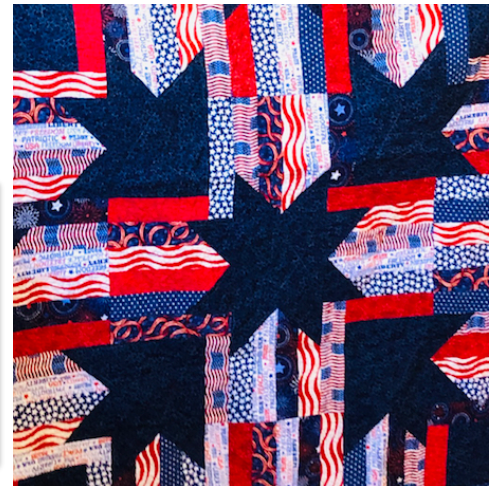
Thank you to Irene Grimes and Nancy Eckert (her side kick) for volunteering to make two memorial quilts for the VA hospital.

The membership voted to accept the proposal from Westminster Presbyterian Church on Village Drive regarding the guild once again meeting in their facility. I will let all of you know where we will be meeting in July, however, **if you don't hear anything different, we will be at the Masonic Phoenix Lodge #8 on Mason Street behind the post office.**

Such wonderful Quilts at the Show and Tell. Be sure to see some photos in this newsletter.

Thank you!

*Nancy*



Patriotic Quilt by Karen Potts

**Fat Quarters for July**  
**Dots and Stripes**  
**Any Color**



See you July 18th  
Don't Forget your  
Name Tag

**Tarheel Quilters Guild Membership Meeting Sunday, June 27, 2021  
Masonic Center – Downtown Fayetteville, NC**

Nancy Moore, President, called the meeting to order at 2:00 PM

The minutes for May are approved as presented

Treasurer's report June reported: May Ending Balance \$12,196.12 CD Balance \$18,144.62

Detailed Treasurer report to be filed with President until Annual Audit

Attendance: 37 present

Colleen Heacock – showed samples of placemats to be sewn for the Christmas Meals on Wheels and Marlene Brudvig gave information on Christmas Stockings Christmas in July workshop

2nd VP – Discussed plans for future programs

2 Workshops Coming up: Accordion storage construction sewing project (Colleen) and Christmas in July stockings sew day at St Pauls Presbyterian Church in St Pauls, NC.

NICU Chair reports 71 quilts in storage including the 7 turned in at May Meeting - We Need more boy quilts

Debbie Grice discussed quilt fund raiser project. Also gave information on the Sewing and Quilt Expo in Raleigh where we will be allowed to display our quilt and sell tickets, if we can supply ambassadors to work in the expo. She will also need volunteers to sell tickets with the quilt. Expo - August 5th, 6 & 7th

Sew day for Christmas Stockings – July 10th Numerous Fabrics and Batting will be provided, bring your own if desired St. Pauls Presbyterian Church, 228 N Old Stage Rd, St. Pauls - bring a lunch

Judy Connor gave information on request from VA Hospital to supply 2 single bed long patriotic quilts to be used in the memorial rooms for period of memoriam after one of their patient's deaths. Nancy Eckert and Irene Grimes quickly volunteered to make both quilts. Thanks Nancy and Irene! Judy advised we have 75 VA quilts in storage.

Anita Andersen, Colleen Heacock and Marlene Brudvig volunteered to work on the next raffle quilt. They will work on the designs that include blocks from numerous quilters and have proposals for consideration in next few months. Anita Andersen will chair this project.

The President reported on the new proposal from Westminster Presbyterian Church (2505 Village Drive) for our guild to use their facility. Donna Hunt made the motion that we accept, which was seconded by several members. The signed agreement was given to Carol Starnes who will deliver this to her church committee.

An awesome Show and Tell was enjoyed by all members. Meeting was adjourned by the President at 3:30PM.

Members enjoyed choosing from a table loaded with free materials and quilting supplies after the meeting.

Respectively submitted,  
Ann Jackson



A Southwind Designs Quilt  
by Pat Poulson

**Treasurer's Report - MaryLou Dibling**

May ended with a balance of \$12,196.12. In June we've had credits of \$260.00 from raffle quilt tickets and debits of \$22.00 for postage stamps for sunshine and \$47.69 for door prizes. That leaves our June balance at \$12,386.51.

## July Program

### Where do we go from here?

We had a nice crowd of 37 people at the June Meeting. It is a good problem to have that the Lodge meeting place is quickly becoming too small. We enjoyed a lighthearted program of Quilter's Trivia. A few of the 20 questions stumped even our most experienced quilters. It was nice to enjoy each other's company in person, relax and laugh a little.

Like so many other groups and organizations, the Tarheel Quilters Guild is having to "reboot" after crawling out from the Covid-19 Crisis. We are back to being able to gather together and it is time for us to think about our future.

The July program will be an opportunity for all guild members to contribute to the conversation of what the Tarheel Quilters Guild will "look like" in the future. Using directed questions and small group discussions you will help direct your guild into the future.

So come to the July 18th meeting with your thoughts and ideas on the following:

- Program Topics
- Community Outreach Projects
- Workshop Ideas
- Guest Speaker Suggestions
- Shopping Excursions
- Quilting Retreats

## 2021 Officers and Committee Chairs

President	Nancy Moore - 910-822-4085
1st Vice-President	Ronda Thomas -910-322-6999
2nd Vice-President	Colleen Heacock -937-422-0898
Secretary	Ann Jackson -910-476-9302
Treasurer	MaryLou Dibling - 910-574-5477
Newsletter	Anita Andersen -252-339-7273
Baby Quilts	Marlene Brudvig -910-223-7745
VA Quilts	Judy Connor - 910-257-62345
Block of the Month	Aby Dolinger - 910-703-6099
Parliamentarian	Gladys Pedrojew - 910-574-3881
Membership	Cindy Clifton - 910-308-8139
Sunshine	MaryLou Dibling - 910-574-5477
Raffle Quilt	Debby Grice - 910-818-7180
Secret Quilter	LuAnn Myers - 910-864-1284
Scholarship	Karen Potts - 910-689-5114
Telephone	Susan Swain - 910-494-0772
Website Admin	Bonnie McPhail - 910-990-7799
Facebook Admin	Irene Grimes - 910-987-5923
UFO Challenge	Nancy Eckert - 910-339-4393
Hospitality	Linda Stuart - 910-964-2934
Fat Quarter	Colleen Heacock - 937-422-0898
Quilt Challenges	Colleen Heacock - 937-422-0898

## Baby Quilts

Great Job Quilters!! We collected 26 baby quilts at the Sunday, June 27th meeting. This brings the total to 97 quilts on hand. I have not yet delivered quilts to the NICU for June.

I still have an empty tote for boy quilts so please consider making some boy themed quilts to bring to the July Meeting.

Thank you,

Marlene Brudvig

## Christmas in July Sew Day - Saturday, July 10th 8:30AM - 3:30PM

at St Pauls Presbyterian Church, 228 N. Old Stage Rd, St. Pauls, NC

We will be making Christmas Stockings for the Cape Fear Valley hospital babies and more.

We will Gather and set up at 8:30 am. Get started sewing by 9:00 am.

### HERE'S WHAT YOU NEED TO BRING:

You will need to bring your Sewing Machine, extension cord, basic sewing supplies & your lunch.

It will be helpful for some to bring ironing mats and irons as we are just getting back to Sew Days and some of our supplies are scattered.

Christmas Fabric and batting will be provided but feel free to bring your own.

This is a great way to use up batting scraps so bring some to share.

The fellowship hall is large so social distancing will be easy!

**A Map and Directions are on page 10.**

**Thank you to Ann Jackson for setting this up for us!!**





### VA Quilts - Judy Connor

We collected 9 quilts at the last TQG meeting June 27, 2021. That makes a total of 84 VA quilts on hand. Good job ladies!

As you have noticed I have been looking at the history of quilting, especially regarding our soldiers and veterans. I will be sharing 20<sup>th</sup> century quilting in two newsletters. This month I want to share the first half of the century with you. The following are words taken from books by Sue Reich. She has written many History of Quilting books. Quilt making in the 1910s can be best described as the convergence of the quilt styles of the late nineteenth century with the new innovations of the twentieth century. One phenomenon of the era was the emergence of major entrepreneurial quilt designers and the exciting fresh look in quilts they contributed to the quilt world. Two catastrophic events in 1917 and 1918 interrupted the emergence of these new trends in quilt making. World War I and the 1918 Pandemic Flu brought hardship and death to America and the entire world. Much of the quilt making from April 1917 to March 1919, was mostly focused solely on providing for our soldiers and the Red Cross. With their quilt making skills, women contributed thousands of quilts for one of the greatest benevolent efforts of the twentieth century. Then again in 1940-1945 women made warm and attractive quilts to honor and benefit US soldiers either as gifts or as raffle items to raise money for the World War II effort.



Above is a detail of a Lone Star Scrap Quilt made by Katheryn Elizabeth Pickering Say 1900 - 2002 of Kansas. She worked as a riveter from 1943 to 1945 at a Beechcraft facility in Kansas. She used scraps from her dresses, curtains and other household items to make this quilt.

World War I Quilt



<https://www.tarheelquiltersguild.org>

### Sunshine Report

June birthday cards were sent out to Kathy Middleton, Dawn Conquest, Susan Swain, Ann Jackson, Audrey Tannahill and Pat Paulson.

Please remember to let me know if any member needs a card.

MaryLou Dibling

### Volunteers Needed for Expo

Hi Members!

We still have some open slots to help with the Sewing & Quilt Expo in Raleigh. The show is August 5, 6 & 7. We need members to work the show as Ambassadors so we can have a free booth to sell tickets for our raffle quilt. We also need members to work the booth selling tickets. Would YOU be willing to help your guild out? It would be so appreciated.

Two people picked up tickets at the meeting. We have A Lot of tickets to sell. Please help. Contact me if you are willing to help sell tickets and/ or work the show. 910-818-7180. Call or text! Thank you!!

Debby Grice

**Click Here** for more information on the Sewing and Quilt Expo in Raleigh.



ORIGINAL  
Sewing & Quilt  
EXPO<sup>SM</sup>

What will  
you  
Create  
today?

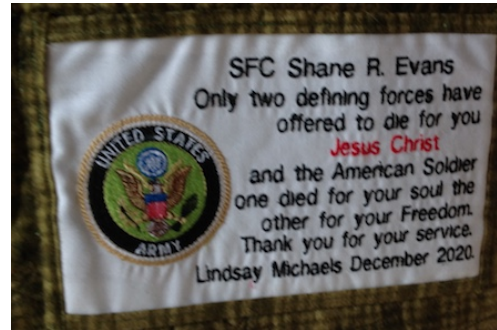
Those who volunteer as Ambassadors get into the Show for free.

<https://www.facebook.com/TarheelQuiltersGuild>

### Honoring Those Who Serve - Lindsay Michaels



This is my second custom military quilt. This man served ten tours, started as a Marine, but went over to the army to achieve his goals. He grew up on a ranch in Idaho and did work cattle and roped, hence the cowboy theme. I presented it to him on New Years Day, this year.



This third quilt was finished about ten days ago. I was working for this woman, on her landscape, and found out that it was her husband who had had a parachute malfunction at the airport in Laurinburg. He was a member of the Golden Knights. She told me about her husband Chris, and how he was loved by all. I looked him up on the internet and found that he was also highly decorated and that's when I decided that I would make a quilt in his honor. His many awards included 2 silver stars and 6 bronze stars. I asked Teresa Player, who has an embroidery business, if she could embroider stars for me. After receiving them I designed the quilt around them, and the design was



changing "on the fly" at times. This is the final results, Teresa also made the label and quilted it.



I had wanted to present it for Memorial Day but wasn't able to complete it in time, so I shot for another patriotic holiday, the 4th of July. I had wanted Teresa to present it with me, but, when I completed my work there on Thursday, the neighbor told me that the anniversary of his accident, which was the 27th, and his death, July 1st, was at hand. I could only imagine how painful the anniversary time is. As much as I wanted to bring it to "show and tell", and show it completed, when I was having my coffee the next morning, I knew the quilt, had to "go home". I needed to stop by her home that morning to collect a check for my work, and I didn't want her to suspect anything because I had told her about the quilt work that our guild does. So I collected the check, thanked her and then said, "by the way, one last thing", and handed her the wrapped quilt. She knew it was a quilt. I had decided that I wanted her to receive it and open it in private. I will just add that she loved the quilt, and was very thankful. She had called about a half hour after I left but I had been working and so later we exchanged texts. It was right that she opened it in private.

In closing I want to thank Teresa for her expert work and helping me with this project. I told Stephanie that it has been our pleasure and honor to make it for her. And for me and Teresa, mission accomplished!



## Christmas Mystery Quilt

By Cindy Clifton

This month we will be finishing up the individual blocks. We'll make Blocks #17 and #18 as well as the Paper Piecing Blocks #7, #21 and #22. Unfortunately, I don't have alternates for the Paper Piecing blocks. There are several really good paper piecing how-to videos on You Tube if you need some help.  
(ALL Block Patterns begin on Page 11.)

**NOTE:** For some reason, my computer scanned and printed out the paper piecing blocks just slightly smaller than the originals.

When making these blocks, allow ½" around the OUTSIDE perimeter of each finished block rather than the usual ¼". This way you will be able to square them to 6 ½".

Make the following: Block #17 – 3

Block #18 – 2

Paper Pieced Block #7 – 9

Paper Pieced Blocks #21 and #22 – 1 each



Next month we'll follow a chart to put the quilt top together!

### INSTRUCTIONS FOR MAKING BLOCKS #17 AND #18

BLOCK #17 - you will make 3 blocks

In your #17 baggie you should already have

3 yellow 2 ½" squares; (2) 1" x WOF G6 strips; (4) 1 ½" x WOF G1 strips

Make two WOF strip sets using the G6 strip in the middle and the G1 strips on either side;

Cut the strip into (12) 2 ½" squares.

Put the remaining strip set into the Block 18 baggie.

Cut (12) G6 2 ½ squares and (12) G2 2 ½" squares, draw a line diagonally from corner to corner on the back of the G2 squares. Pair the G2 and G6 squares and sew on the drawn line to make a HST. If you wish, pair a G2 2 ½" strip with a G6 2 ½" strip and using the Easy Angle, cut 12 HST and sew them together on the hypotenuse.

Put the blocks together following the illustration and then put the completed blocks back into the Block 17 baggie.

BLOCK #18 - you will make 2 blocks

In your #18 baggie you should already have

(2) Red 2 ½" squares;

Remaining strip set from Block #17 which you will cut into (8) 2 ½" squares

You will need to make (8) HST from G1/G2 using whatever method you prefer. You will need to take fabric strips from both the G1 baggie and the G2 baggie.

(You should have left over fabric you can cut if you don't have enough strips in your G1 and G2 baggies to do this.)

Put the blocks together following the illustration and then put the completed blocks back into the Block 18 baggie.



### "Options" Block of the Month Quilt Along with Aby Dolinger

It's July and we are halfway through our blocks for the Options Block of the Month Quilt Along. Here is a list of the blocks we've made so far: February - Scrappy Stars; March - Ojo de Dios; April - Economy Block; May - Album Block; and June - Sawtooth Star

This month's Options blocks are variations on the classic Churn Dash block. You'll find the directions for the Options #6 Churn Dash starting on page 15.



If you haven't participated thus far, it's not too late. Here is the link to Aby's website page Where you will find directions for earlier blocks and project details.

<https://abyquilts.wordpress.com/options-bom-qal/>

## June Show & Tell



June's Show and Tell included a wide variety of wonderful quilts. They included vibrant colors, grumpy cats, long overdue finished UFOs, brilliant batiks, Asian colors, patriotic flares, exquisite hand applique and hand quilting, T-shirt memories, and examples of creative borders. Pictures cannot do any of them justice, but above is a sample of what you missed if you couldn't make it.

Join us in July and Bring your work to Show and Tell!!!

**NEW QUILT STORE in GOLDSBORO** - We welcome **Nunckle Nandy's Quilt Shop** to our growing group of advertisers. **Click on the ads to visit their websites.** Support your Local Quilt Shops!!





## Sizzling Hot Summer Sale Going on Now!!!!



We have new lower prices on your favorite fabrics!! Shop us in-store or order online.

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New arrivals monthly and sales on different fabrics for each month too!!! Check them out on our website.

Quilt Guild members get a 15% discount off the entire purchase in-store and online.

We are located in the Victorian Village @ 2707-D Royall Ave Goldsboro, NC 27534

Phone 919-947-6069 Website: [nuncklenandysquiltshop.com](http://nuncklenandysquiltshop.com)

NEW HOURS ARE: Wednesday to Friday 9am - 7pm; Saturday 9am - 7pm

Sunday to Tuesday – closed; Closed Holidays



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**BERNINA Freedom Sale!**  
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Coming soon: The New BERNINA Q16 Plus on a Studio Frame, 5 or 10 ft long! Very competitively priced. Pre-order yours now! Isn't she cute?

Join us throughout July and August for our biggest Christmas in July event ever! We have dozens of great classes planned for you. Start your gift making early.

Earn credit on your Education Loyalty Card for every Christmas in July class you take and get free gifts when you fill your card!

Class sizes are limited, so enroll today! Visit our website for a full listing of classes in our July, August, September Newsletter. Call or come by the store to register.

Stay cool, bring your friends & have fun!

made to create **BERNINA**



# RANDY'S Sewing Center



randyssewingcenter@gmail.com 1 (910) 745-8898  
5353 Red Tip Rd Fayetteville NC 28314

## Brother-Juki -Janome -Handi Quilter

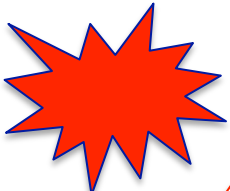
We service most brands of sewing machines

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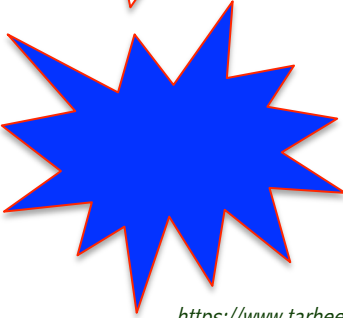
Shop in Store  
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Tuesday - Friday 11am - 5pm; Saturday 11am - 3pm; Closed Sunday & Monday



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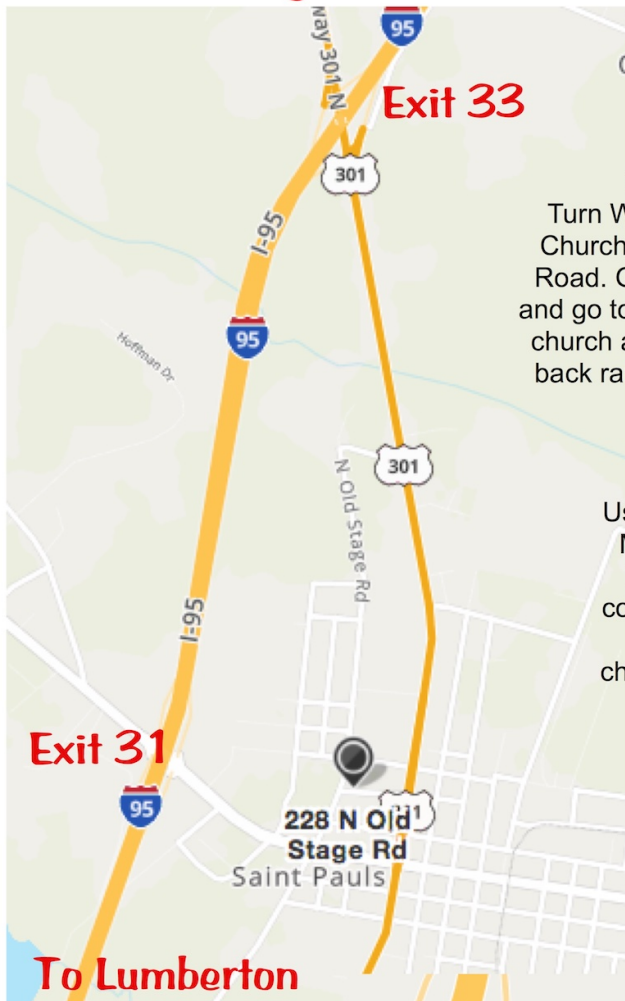



HQ WAY RETAILER 2020  
TOP SALES 2018

# Christmas Stocking Workshop July 10

St Pauls Presbyterian Church  
228 Old Stage Road  
St Pauls, NC  
Church # 910-476-9302

To Fayetteville



### Coming from North (Fayetteville)

Exit #33 from North I-95, turn left onto US 301. Turn West onto Armfield St. (1 block from Hwy 20 Stop light) Church is at end of block at Armfield Street and N. Old Stage Road. Go into church yard on soil road between 2 brick pillars and go to back of church to paved drive-through between rear of church and cemetery. Park any place under trees and go in at back ramp onto porch. Turn right on porch to Fellowship Hall.

### Coming from South (Lumberton)

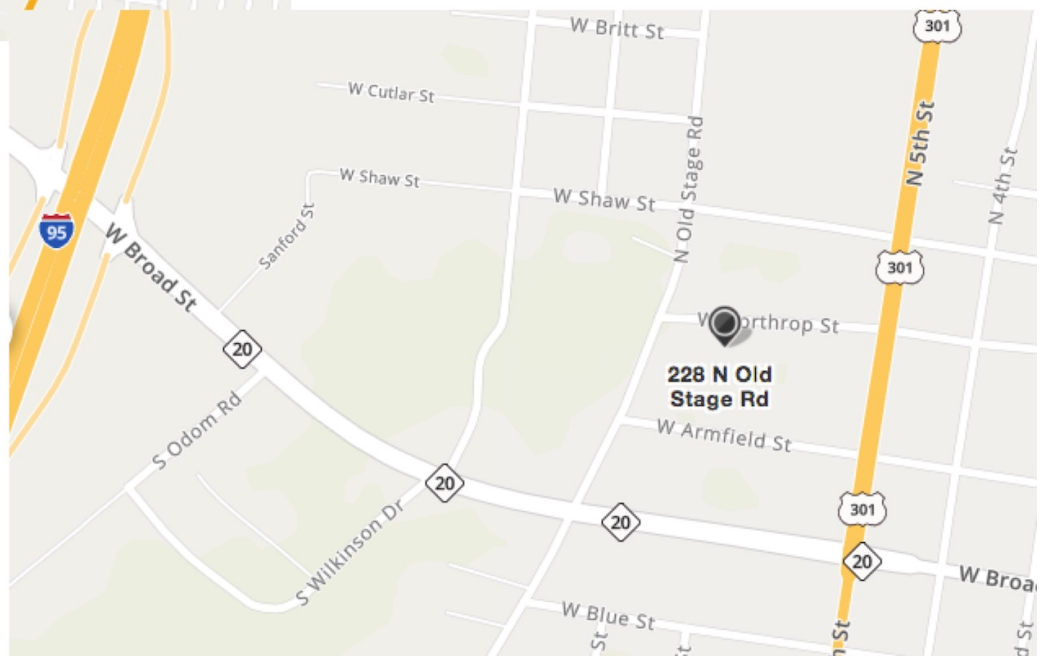
Use Exit 31, and go right on Broad Street to stop light past McDonalds at Old Stage Coach Road. Turn left at Stop light onto North Old Stage Road. Church is 1 block on corner N Old Stage Road and Armfield St. Enter side yard between brick pillars onto soil road and go to back of church. Park any place under trees and go in at back ramp onto porch. Turn right on porch to Fellowship Hall.

Ann Jackson cell phone - 910-476-9302

Exit 31

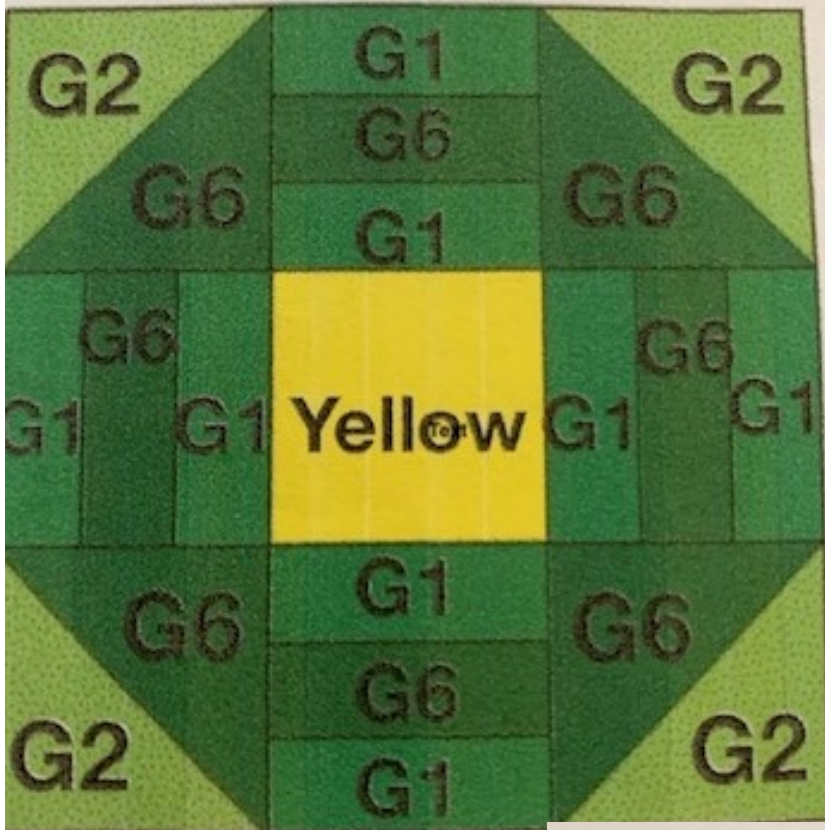
To Lumberton

Maps from  
MapQuest



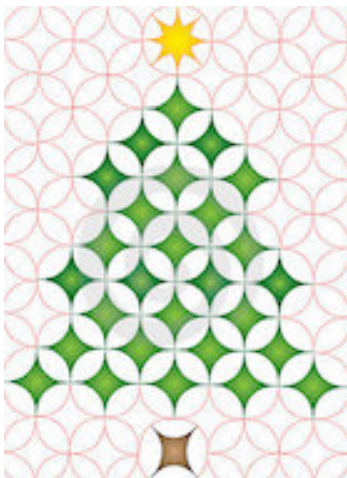
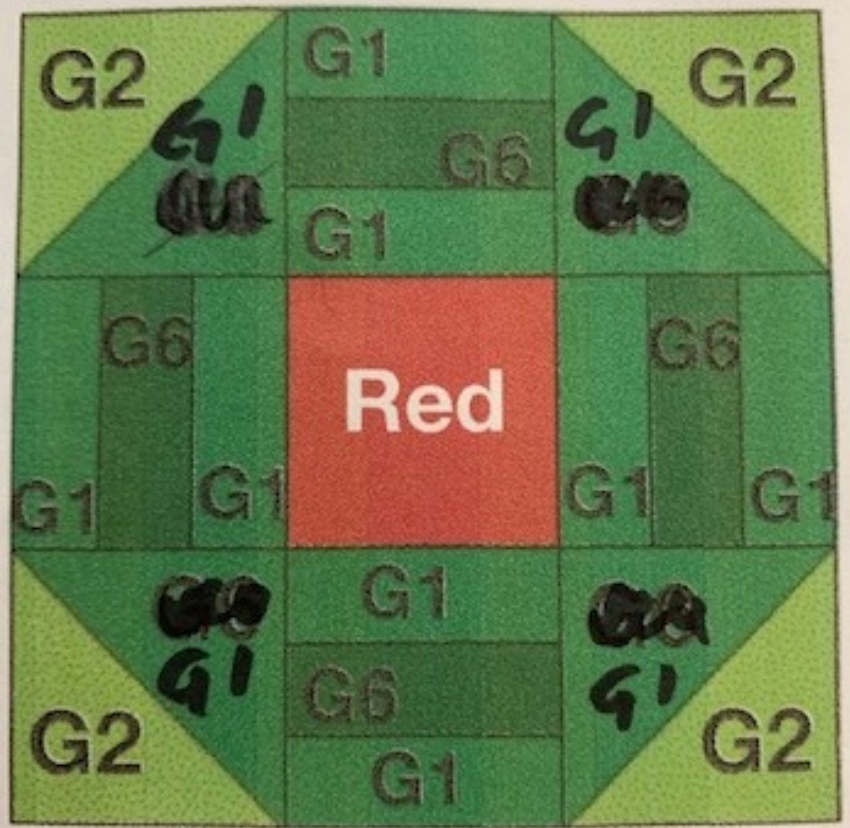


Block #17



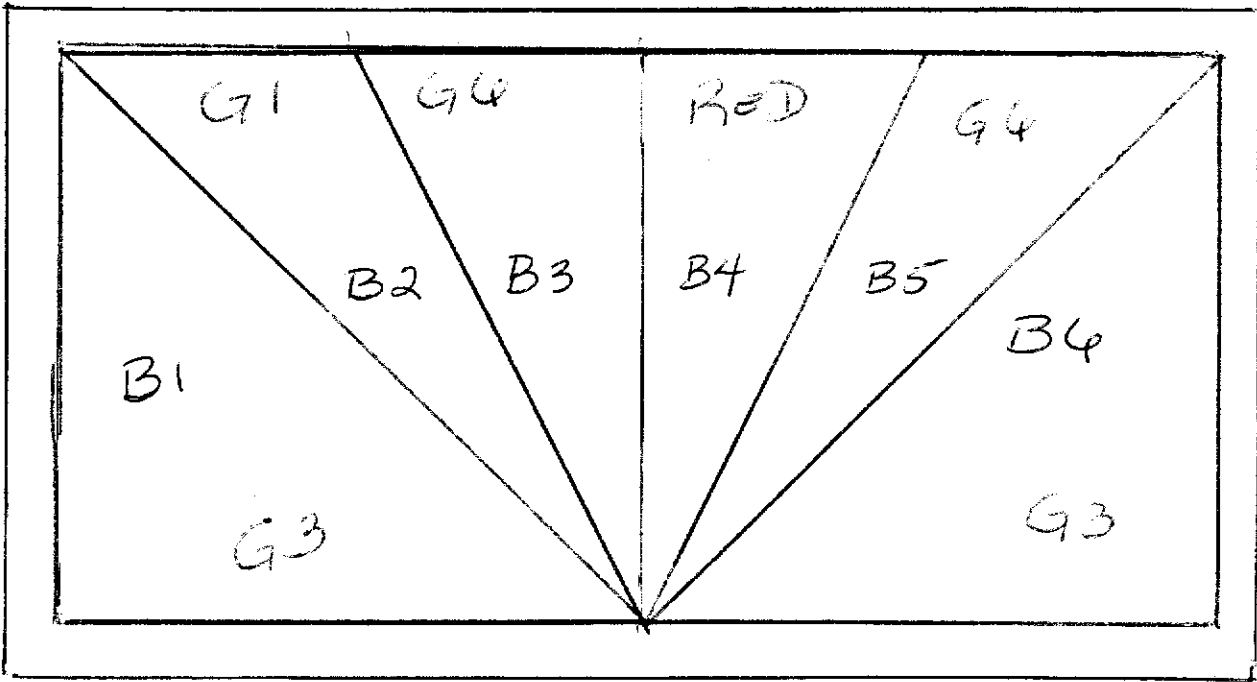
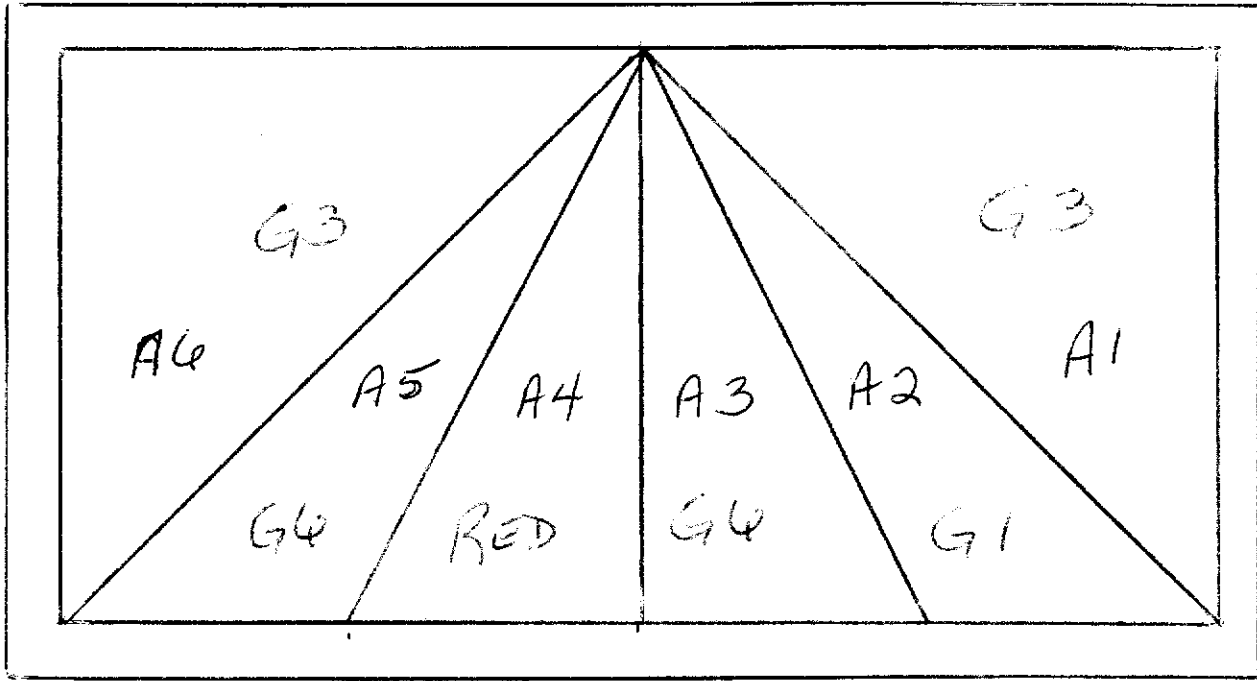
# Christmas Mystery Quilt

Block # 18



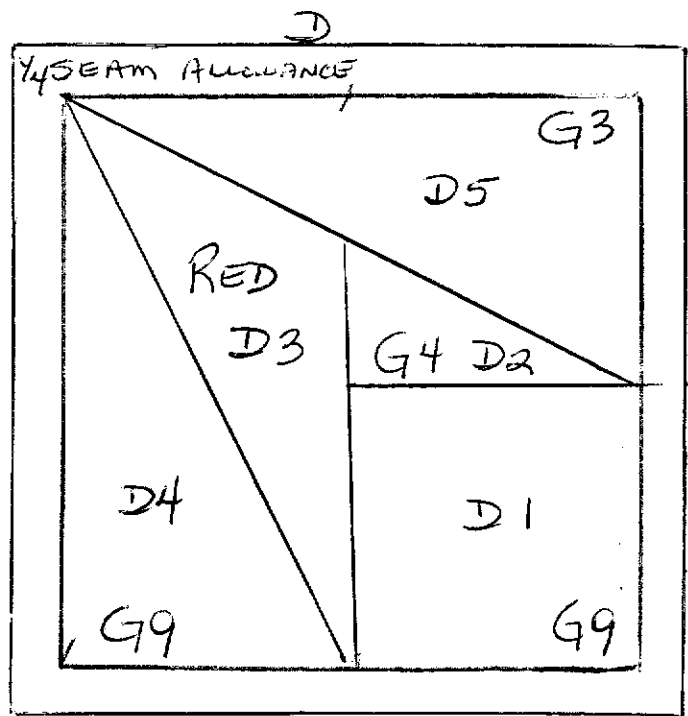
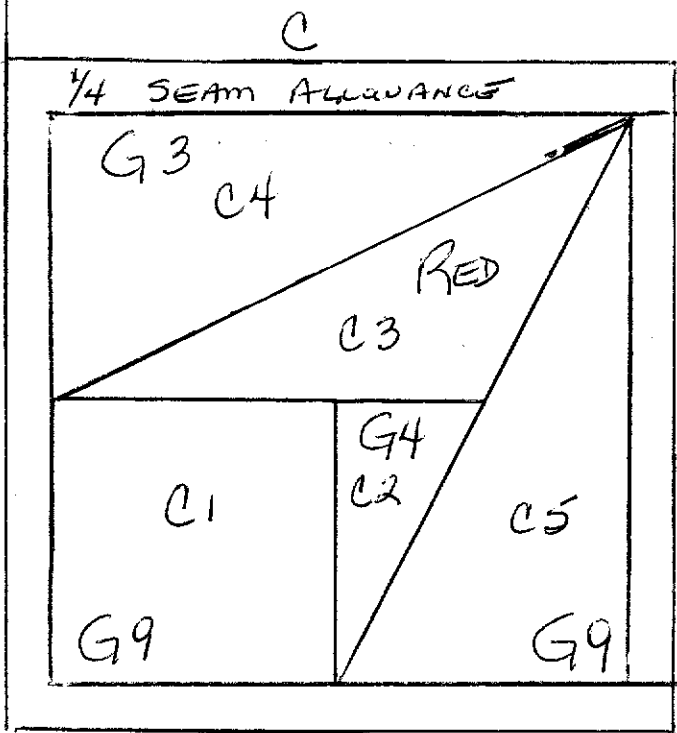
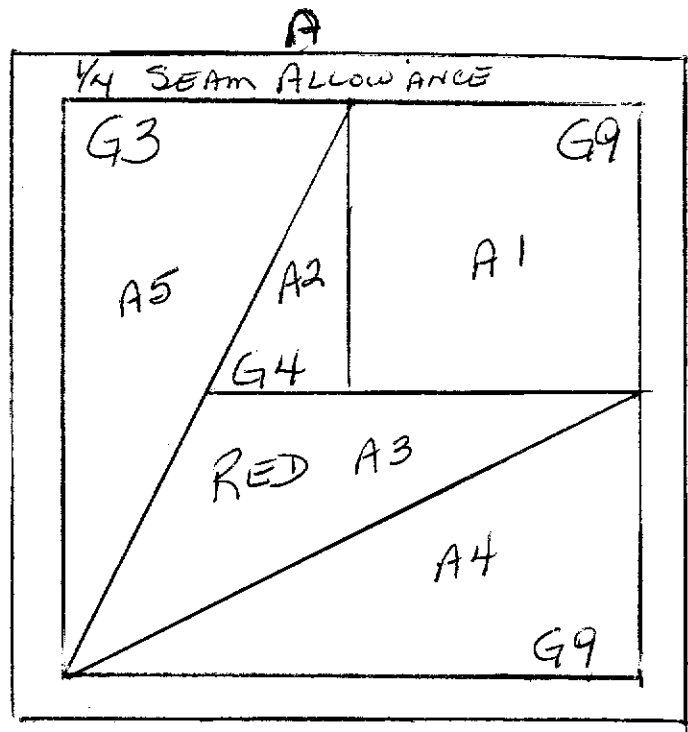
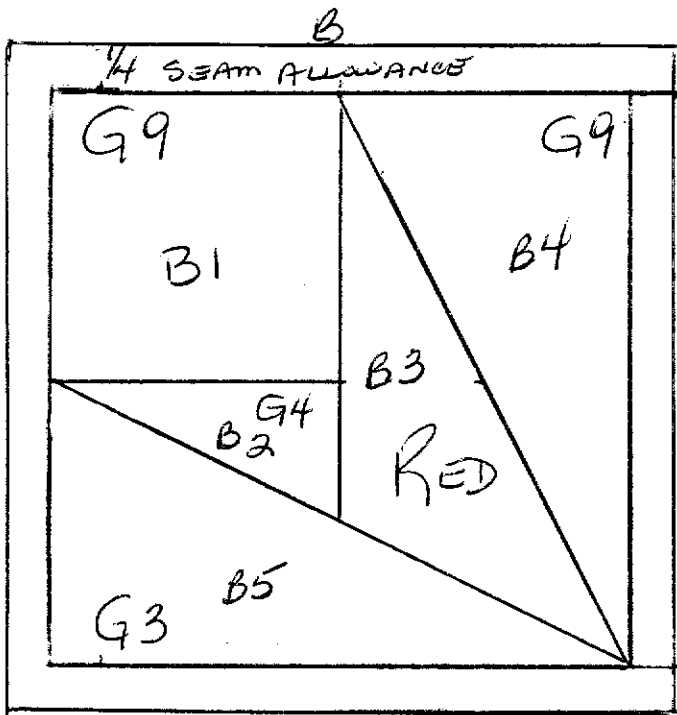
Block 7

Paper Pieced



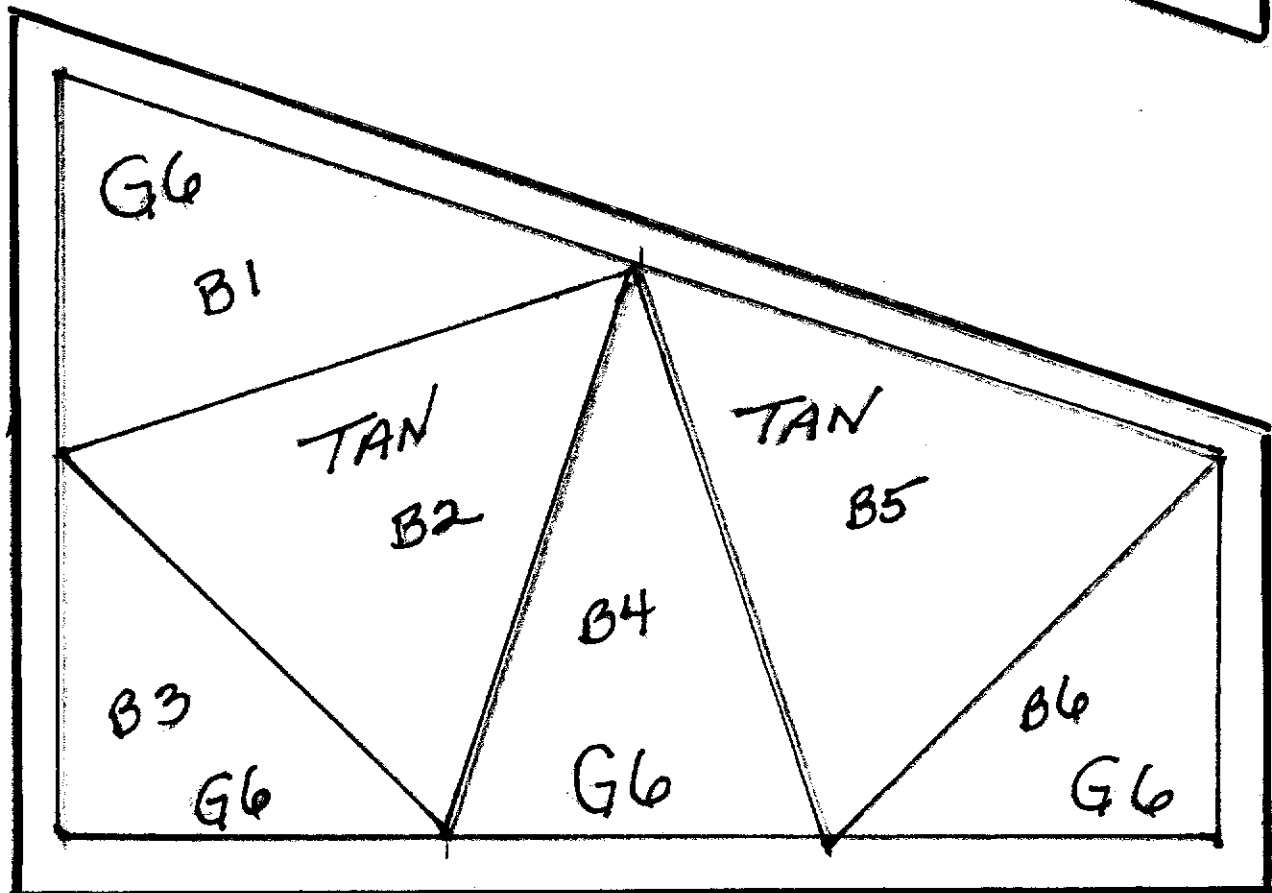
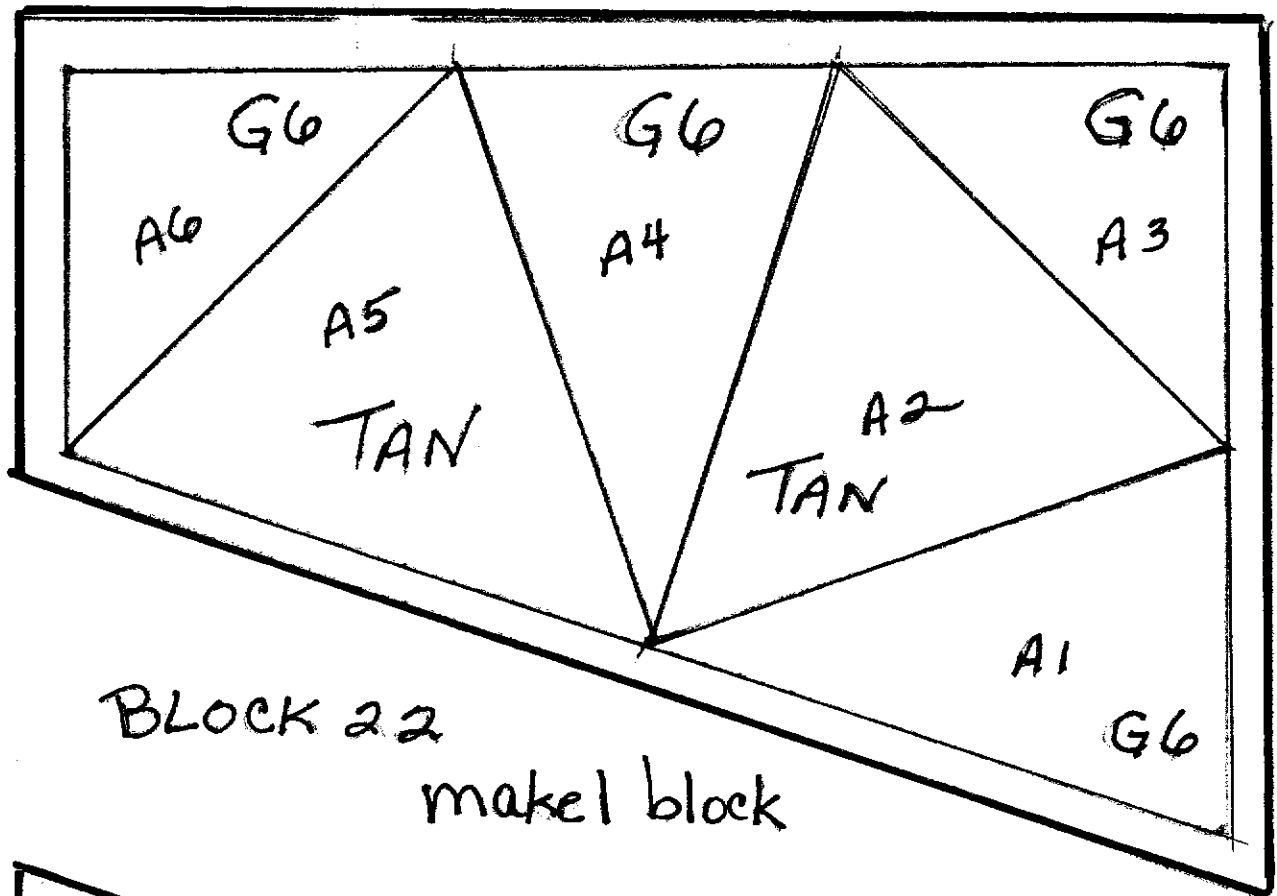


# BLOCK 21



Paper Pieced  
Squares A, B, C, D make 1 Block

Make 1 Block





**“Options” - #6 – Churn Dash**    Written by Abigail Dolinger, Dec. 2020

Make two (three, four) 8 ½” blocks that will finish at 8” in the “Options” quilt. For the first block, try the Primary Design. Then choose one of the Options for another block. You could simply vary the colors/fabrics used, create a Four Patch for the center square, or create a Square in a Square for the center square.

**Primary Design**

**Cutting**

- Background – Two 3” squares (for corner HSTs)
- Four 1 ½” x 4 ½” rectangles (for side units)
- Colors – Four 1 ½” x 4 ½” rectangles (for side units - blue)
- Two 3” squares (for corner HSTs - yellow)
- One 4 ½” square (for center – print)



**Option A**

**Cutting**

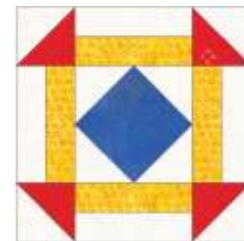
- Background – Two 3” squares (for corner HSTs)
- Four 1 ½” x 4 ½” rectangles (for side units)
- Colors – Four 1 ½” x 4 ½” rectangles (for side units - stripe)
- Two 3” squares (for corner HSTs – red)
- Two 3” squares (for center Pinwheel – lt. gray)
- Two 3” squares (for center Pinwheel – gray print)



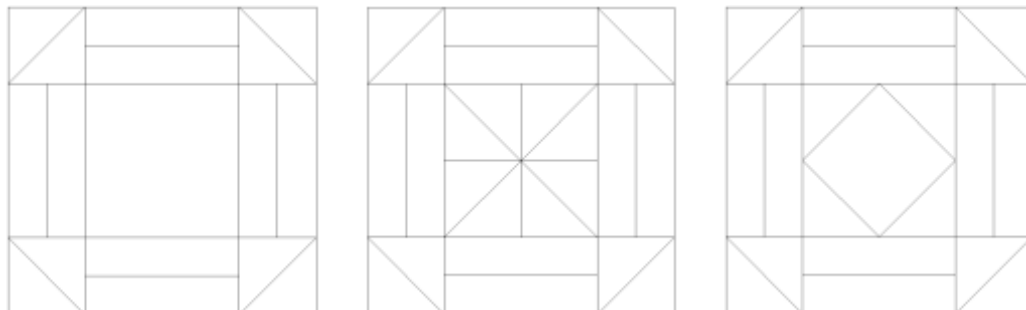
**Option B**

**Cutting**

- Background – Two 3” squares (for corner HSTs)
- Four 2 ½” squares (for small triangles in center)
- Four 1 ½” x 4 ½” rectangles (for side units)
- Colors – Four 1 ½” x 4 ½” rectangles (for side units - yellow)
- Two 3” squares (for corner HSTs – red)
- One 4 ½” square (for center diamond – blue)



**Plan your blocks** – use colored pencils to fill in the spaces



## Sewing the Primary Design

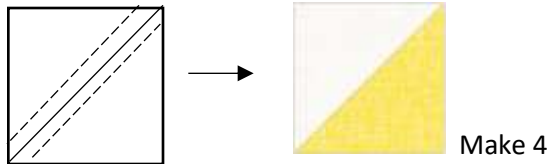
### Step 1 - Make 4 HSTs (Half Square Triangles)

Work with the two background 3" squares and the two colorful 3" squares (yellow).

Draw a diagonal line from corner to corner on the wrong side of the two background squares.

Pair each background square with a colorful square (yellow), right sides together.

Sew  $\frac{1}{4}$ " away from both sides of the drawn line.



Cut apart on the drawn line and press seams toward the colorful triangle.

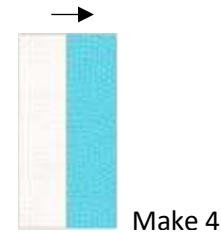
**Trim the HSTs to measure  $2\frac{1}{2}$ " square.**

### Step 2 - Make 4 rectangle units

Work with the four background  $1\frac{1}{2}$ " x  $4\frac{1}{2}$ " rectangles and the four colorful  $1\frac{1}{2}$ " x  $4\frac{1}{2}$ " rectangles (blue).

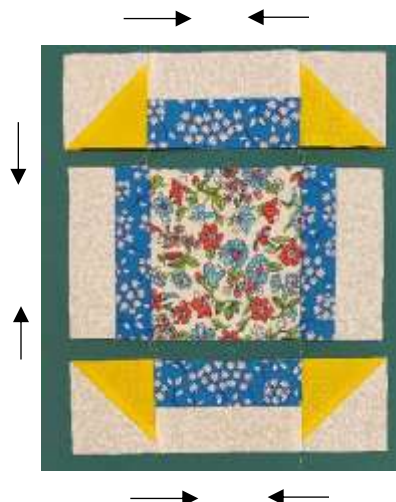
Sew them together in pairs. Press seams toward the darker fabric.

These units measure  $2\frac{1}{2}$ " x  $4\frac{1}{2}$ ."



### Step 3 - Assemble the block

On a work table, lay out the units for Churn Dash according to the diagram, placing the  $4\frac{1}{2}$ " square in the center. Sew them together as a "Nine Patch" in three rows of three units each. Press the seams of rows 1 and 3 toward the center. Press the seams of row 2 away from the center. Arrows indicate pressing direction. After sewing the three rows together, press seams toward Row 2. The block measures  $8\frac{1}{2}$ " unfinished and will finish at 8" when sewn into the quilt.



## Sewing Option A

Follow **Steps 1 and 2** for Sewing the Primary Design.

**Step 1** - Make corner HSTs using the 3" background and 3" colorful squares (red). **Trim to measure 2 ½" square.**

**Step 2** - Make rectangle units for the sides using the 1 ½" x 4 ½" background and 1 ½" x 4 ½" colorful rectangles (stripe).



### Step 3 – Make a Pinwheel for the center

Work with the 3" colorful squares (lt. gray and gray print) to make 4 HSTs.

Draw a diagonal line from corner to corner on the wrong sides of the two lightest 3" squares.

Pair them, right sides together, with the other two 3" squares.

Sew ¼" away from both sides of the drawn diagonal line.

Cut apart on the drawn line. Press seam allowances toward the darker fabric.

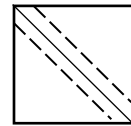
**Trim the HSTs to measure 2 ½" square.**

Sew the HSTs together as a Four Patch, creating a Pinwheel; spin the seams at the center on the wrong side of the block.

Watch a You Tube video on this technique.

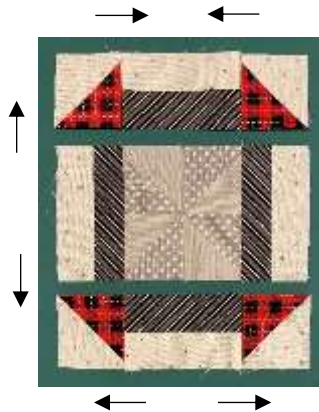
<https://www.youtube.com/watch?v=5Efyi-xjCPg>

The Pinwheel measures 4 ½" square.



### Step 4 – Assemble the block

After making the Pinwheel, assemble the units for Churn Dash as in **Step 3** of the Primary Design. Press the seams of rows 1 and 3 toward the center. Press the seams of row 2 away from the center Pinwheel. Arrows indicate pressing direction.



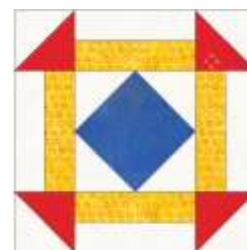
The block measures 8 ½," unfinished and will finish at 8" when sewn into the quilt.

## Sewing Option B

Follow **Steps 1 and 2** for Sewing the Primary Design.

**Step 1** - Make corner HSTs using the 3" background and 3" colorful squares (red). **Trim to measure 2 ½" square.**

**Step 2** - Make rectangle units for the sides using the 1 ½" x 4 ½" background and 1 ½" x 4 ½" colorful rectangles (yellow).



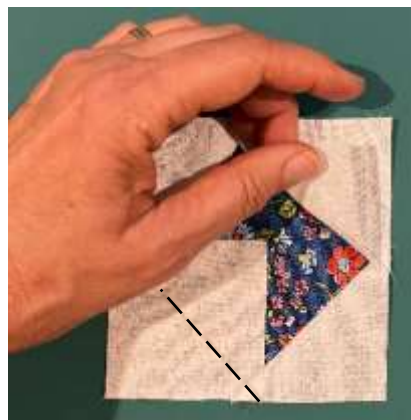


### Step 3 – Make a Square in a Square for the center

Draw a diagonal line from corner to corner on the wrong side of four background 2 ½” squares. Place two of the squares in opposite corners of the 4 ½” square (blue), right sides together. Sew on the drawn lines. Flip the resulting triangles outward to check sewing accuracy; press. Flip triangles inward in order to trim away excess seam allowance; flip triangles outward again.



Place the other two background squares in the remaining opposite corners of the 4 ½” square (blue), right sides together. Sew on the drawn lines. Flip the resulting triangles outward to check sewing accuracy; press. Flip triangles inward in order to trim away excess seam allowance; flip triangles outward again.



### Step 4 – Assemble the block

After making the Square in a Square, assemble the units for Churn Dash as in Step 3 of the Primary Design. Press the seams of rows 1 and 3 toward the center. Press the seams of row 2 away from the center Square in a Square. Arrows indicate pressing direction.

The block measures 8 ½,” unfinished and will finish at 8” when sewn into the quilt.

