



Tarheel Quilters Guild

September 2021



Promoting and perpetuating the art of quilting since 1981



Guild News for



September

President's Message

Ladies, it's great to be at Westminster Presbyterian Church again!

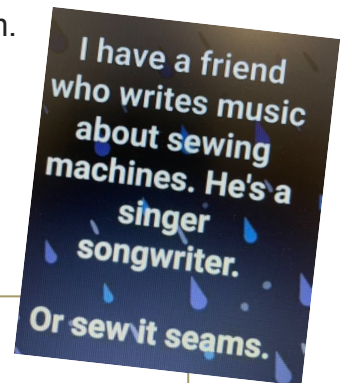
The Programs have been great. We have New sew days scheduled and lots of items on the free table!!!!

We need your baby quilts, Christmas stockings, VA quilts, placements for Meals on Wheels and YOU at the next meeting.

There are Door Prizes galore!!

See you all at the next meeting, Sunday, September 19 at 1:30pm.

--Nancy



Sunshine report

I gave birthday cards to members at the meeting and mailed the ones to those not there. Please let me know when other cards need to go out to members.

MaryLou Dibling

Our Sympathies to Friends and Family

It is with a sad heart that we pass on the news of the death of Guild member Gaye Rose at the beginning of the August.

Happy Birthday to:

- Rhonda Gooding Sep 7
- Louise Cox Sep 11
- Cindy Reckler Sep 14
- Lynn Cline Sep 15
- Luann Myers Sep 15
- Doris Fort Sep 16
- Yolanda Cofield Sep 28
- Debbie Huss Sep 30



MEETING & EVENTS REMINDERS

TQG Board Meeting

Monday, September 13 at 6:30PM

Colleen Heacock's home
221 Woodrow St., Fayetteville

TQG General Meetings

Sunday, September 19, 2PM - 4PM

Gather at 1:30PM

Program: History of the Sewing Machine
Westminster Presbyterian Church
2505 Village Drive Fayetteville

Placemat Sew Day

Saturday, September 25

St Pauls Presbyterian Church
See Details page 4

Meeting Place is now

Westminster Presbyterian Church
2505 Village Drive, Fayetteville

From Village Drive, Turn onto Purdue Dr, to get to the church parking lot in the back of the building. We meet in the Fellowship Hall.

MARK YOUR CALENDARS

- Upcoming General Meeting Dates are
- Sunday October 17
- Sunday November 21
- Sunday December 19

Tarheel Quilters Guild — Meeting — August 15, 2021

Call meeting to order by Nancy Moore Time: 2:00 PM

Approval of last meeting minutes —minutes approved and filed.

Treasurer's Report- Mary Lou Dibling

Bank Balances	JULY 2021
Checking Account	11,727.48

2VP: Excellent program organized by Colleen H. called 4 Corner Demonstrations.

- Abbie D. shared Applipops, a new Simple Folded Corners Ruler, and a Dashing Table Runner Quilt Along from Abby's blog.
- Carolyn E. shared some updated techniques using Bernina tweezers, and a Self-Binding Quilt.
- Karen T. shared the revived Cathedral Windows, an old favorite quilt square.
- Colleen H. shared a smocking technique using a new air loom smocking template.

Baby Quilts Marlene B. There are 75 on hold. Marlene will deliver to the NICU on Tuesday August 17, 2021. Communication is still limited.

VA Quilts Judy C. There are 94 Quilts on hold today. The 2 special request quilts have been finished and will be delivered soon.

Newsletter Anita A. Anita requested that you have your entries in to her ASAP. Last day August 27, 2021.

Raffle Quilt 2021. Debby Grice did an excellent job setting up the booth and organizing the volunteers at the Expo held in Raleigh NC. 244 tickets were sold at the Expo held in Raleigh, NC. Needless to say, we need to sell more tickets. Thank you Debby!

Sew Day will be held September 25, 2021 from 8:30 to 3:00 at the Presbyterian church in St. Pauls. Placemats will be made for Meals on Wheels to give with the meals at Christmas Time.

Sunshine Mary Lou D. Birthday song and cards were given out for August birthdays.

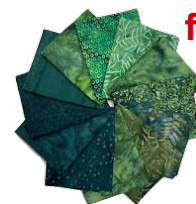
New Business: Quilts are needed as gifts to Westminster Church and the Mason Lodge downtown for letting us meet in their facility.

Fat quarter for September is green.

Beautiful display of craftsmanship during the show and tell today.

Meeting Adjourned 3:22 by Nancy Moore

Respectfully submitted
Judy Connor



**Fat Quarters
for September
GREEN**

Treasurer's Report - MaryLou Dibling

As per directions from the president I went to our storage unit and paid our bill for the rest of the year. The rent had been raised from \$40 to \$50. We only owed three months. The quilt expo had ticket sales of \$552 +\$223 -\$300 petty cash for money box, coming to \$475. Our balance is \$11,617.48.

2nd Vice President's Report

Thanks to everyone who came to and participated in our 4 Corner Demonstration at the August Meeting. It was a blast.

Our program for the September Meeting will be "The History of the Sewing Machine" presented by Sana Moulder.

I am so excited for our next sew day, where we will be making placemats that will be given to Meals on Wheels. I will be bringing some extra fabric to help us with our efforts.

We collected 33 placemats at the August meeting and now have a total of 63 so far.

WAY TO GO!!!

We will also be giving out kits for our 2022 Raffle quilt at the next meeting.

See you there.

Colleen M. Heacock 2nd. VP

Membership Report

There were 37 members at the General Meeting on August 15. Two members renewed which brings our total membership up to 73. We would love to have more people present at future meetings. Please come, bring a friend, and visit with your "Quilting Sisters!"

Be Sure to print out the updated membership roster that was sent as a separate attachment with this newsletter.

Cindy Clifton

VA Quilts

As of our last meeting we have 94 quilts on hand. Good job ladies!

This is the last of my history of quilts blurb. I had no idea that women had been making quilts for soldiers for centuries.

The following is from Diana Bell-Kite, North Carolina Museum of History.

"In the 21st century quilting remains extremely popular in North Carolina, though most practice the craft as a hobby rather than as a necessity. With the availability of cheap imported bedspreads and comforters as well as the high price of piece goods quilting has become less time- and cost-effective. Further, widespread access to central heating has greatly reduced the need to sleep under multiple quilts. These factors and others have made make-do quilting nearly obsolete. For those who quilt because they enjoy it, technology has grown exponentially. Current day sewers benefit from rotary cutters to long arm quilting machines about which their ancestors could have only dreamed."

Two organizations honor our warriors today with exceptional quilts. Those are Quilts of Honor and Quilts of Valor. Lots of info on the web about these two non profit groups.

Judy Connor

Baby Quilts

We had 19 quilts donated for the month of August Karen Potts 2, Marilyn Murray 2, Sana Moulder 10, Nancy Moore 2, Debra Joas 1, Debbie Eberline 2,

Received 46 stockings.

Delivered quilts to the NICU on 8/26/2021, 12 boys, 14 girls and 3 sets of b/g twins for a total of 32 quilts.

We have a total of 119 stocking as of right now.

Quilts on hand, 26 boys, 14 girls, 7 sets of twins and 2 sets of triplets.

Thank all of you,

Marlene Brudvig



Patchwork & Posies Quilt Show
 Dennis Wicker Civic Center
 Sanford, NC
 Fri, Oct 15, 10 am to 5 pm
 Sat, Oct 16, 10 am to 4 pm
 Admission \$7.00; under 12 free

Click Here: <https://heartsandhandsnc.org>
 for more information, entry forms, and details.

<https://www.tarheelquiltersguild.org>

<https://www.facebook.com/TarheelQuiltersGuild>

Raffle Quilt Sales

To all the members and their spouses that volunteered as Ambassadors and/or sold raffle tickets, **THANK YOU SO MUCH!**

We appreciate your generous donation of your time and energy in order to help raise funds for our VA and NICU supplies.

You are a blessing to our guild!

We still have lots of tickets to sell. Please consider helping. I will mail or deliver in person tickets to you.

Contact me at 910-818-7180. Call or text.

Thank you!

Debby Grice



2022 Raffle Quilt Kits Are Ready for Distribution

The kits will be given out at the September meeting but we hope that many of you will contact Colleen Heacock and get one early.

We've gotten a late start on this so Please, please help out and get one early if you can! Wouldn't it be fantastic if most were completed by the September meeting?

Contact Colleen at 937-422-0898 to make arrangements to get a kit.

The blocks are simple squares and rectangle.

GET YOUR APPLIPOPS AT A DISCOUNT!!

Aby Dolinger demonstrated Applipops during the 4 Corners program at the August Meeting. This device makes perfect turned edged fabric circles every time.

Aby has arranged for a special discount coupon code for us to shop on the Applipops website to give a percentage off your purchase.

Go to <https://www.applipops.com/shop> (CLICK HERE)

The discount code is QUILTABY and expires 30 September 2021.

You'll find the handout from Aby's Demonstration at the end of the newsletter.



Placemat Sew Day - Saturday, September 25 in St Pauls, NC

Ann Jackson has confirmed the use the fellowship hall at St. Pauls Presbyterian Church, 238 North Old Stage Rd, St. Pauls, NC for the **Meals on Wheels Placemat Sew Day**.

We will gather in the fellowship hall, **Saturday, September 25, beginning 8:30am and ending approximately 3:30pm**, or as you need to schedule. The entrance to the fellowship hall is at the back of the church and there is plenty of parking underneath the trees. As before, please bring a snack or lunch. There are several typical fast food places in very close proximities if you prefer.

We look forward to seeing lots of you there for this time of sewing and fellowship. And we are very appreciative of the generosity of St Pauls Presbyterian Church for allowing us to use their facilities at no charge.

Border Around 5 - The Last Border

Well, here we are. We've come to the last border. As usual there are various options – a plain border with paper pieced cornerstones, two different sizes of half square triangles, an alternating rectangles border, a flying geese border where the geese are flying away and ... a measured mitered border. Do you love the way a mitered border finishes a quilt, but you avoid it because you don't want to go through the step of cutting the border extra long, folding, pressing, taping and pinning. You don't have to, you can actually measure for borders, cut the miter and sew – see Option 5D. Thank you for joining me on this journey.



Pat Poulson

Instructions Begin on Page 12

Block of the Month - Four Patch Morph Quilt Along with Aby Dolinger

This month's blocks are variations on the Four Patch block. You'll find the directions for the Options #8 at the end of the newsletter beginning on page 8.



Here is the link to Aby's website page where you will find directions for earlier blocks and project details.
<https://abyquilts.wordpress.com/options-bom-qal/>

August Show & Tell





To get started on your adventure explore the website at: <https://allcarolinasshophop.com>. Next, purchase the "All Carolinas Shop Hop" Magazine at a participating store. (Loving Stitches Quilt Shop - Fayetteville and Whatever's Quilted Wake Forest). The Magazine gives you all the information you need on the rules, maps to the stores, your Shop Hop Passport with which to register for prizes, free patterns and projects, and great articles. There will be 8" blocks to collect from each store. Special Shop Hop fabric, that was designed by North Carolina's own Amanda Murphy, will also be available to purchase at participating stores.

THE ALL CAROLINAS SHOP HOP is a great way to explore quilt shops throughout North and South Carolina, have an adventure with quilting friends and WIN great PRIZES! Two of our regular advertisers are participating - **Loving Stitches Quilt Shop of Fayetteville and Whatever's Quilted of Wake Forest.** There are local, regional and statewide prizes to be won including Accuquilt cutters and sewing machines.



**7076 Ramsey St./HWY 401
Fayetteville, NC 28311
(910) 630-3912 Mon- Sat 9 am-5 pm
<https://www.lovingstitches.net>**

ALL CAROLINAS SHOP HOP
The Magazines are here!

0% interest financing for 60 months will be available during this trade-in sale! We have special close-out pricing on our regular B770 QE and QEEs. This sale also includes longarm trade-ins too! Come in for a test drive soon.

BERNINA TRADE IN EVENT SEPTEMBER 1-30, 2021 **SPECIAL FINANCING AVAILABLE!**



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*Off MSRP. With purchase on select machines. Available while supplies last. Some exclusions may apply. See BERNINA Store associate for details. Financing available at participating dealers only.

RANDY'S Sewing Center



randyssewingcenter@gmail.com 1 (910) 745-8898
5353 Red Tip Rd Fayetteville NC 28314

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“Options” - #8 – Four Patch Morph Written by Abigail Dolinger, Dec. 2020

Make two (three, four) 8 ½” blocks that will finish at 8” in the “Options” quilt. For your first block, try the Primary Design. Then choose one of the Options for another second block. You could simply vary the colors/fabrics used, or add a large-scale print square in the center, replace the corner squares with small Four Patches, sub-divide the side rectangles, or insert a cross of contrasting fabric.

Primary Design

Cutting

Background – Four 2 ½” squares
 Colors – Twelve 2 ½” squares
 (Four each of three different fabrics)



Option A

Cutting

Background – Four 2 ½” x 4 ½” rectangles
 One 1 ½” x 13” strip (for Four Patches)
 Colors – One 4 ½” square (for center – paisley print)
 One 1 ½” x 13” strip (for Four Patches – black print)



Option B

Cutting

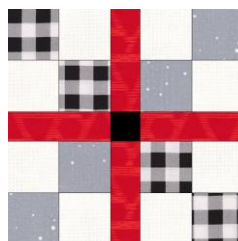
Background – One 1 ½” x 19” strip (for side units)
 Colors – One 1 ½” x 19” strip (for side units - red)
 Two 1 ½” x 13” strips (for Four Patches – black print, floral print)
 One 4 ½” square (for center – black plaid)



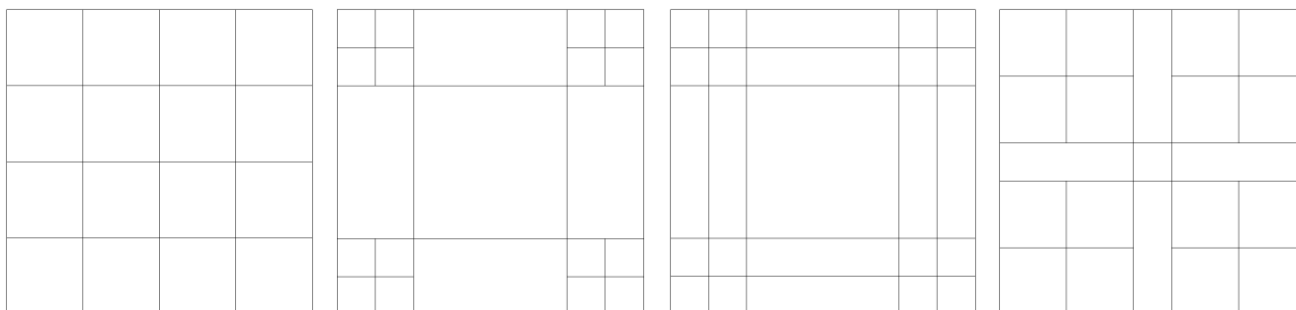
Option C

Cutting

Background – Eight 2 ¼” squares
 Colors – Eight 2 ¼” squares
 (Four each of two different colors)
 One 1 ½” square (for center - black)
 Four 1 ½” x 4” strips (for cross – red)



Plan your blocks – use colored pencils to fill in the spaces



Sewing the Primary Design

Step 1 – Make four Four Patches

Arrange the sixteen 2 ½” squares on a work table. Sew two squares together, then join pairs to make four Four Patches. Spin the seam allowances on the wrong side of the patches in the center as shown in the second photo.



Step 2 – Assemble the block.

Sew the Four Patches together and spin the seam allowances as shown in the photo below.



The block measures 8 ½,” unfinished and will finish at 8” when sewn into the quilt.

Sewing Option A

Step 1 – Make four Four Patches.

Strip-piece the Four Patches by sewing the 1 ½” x 13” background strip to the 1 ½” x 13” colorful strip (black print) on a long side. Press seams toward the darker fabric. Sub-cut at 1 ½” intervals.



You need eight two-patches. Sew the two-patches together to make four Four Patches. The Four Patches measure 2 ½,” unfinished. Spin the seams on the wrong side of the patches.

Step 2 – Assemble the block.

Lay out the units for the block: four Four Patches made in Step 1, four 2 ½" x 4 ½" background rectangles, and 4 ½" center square.

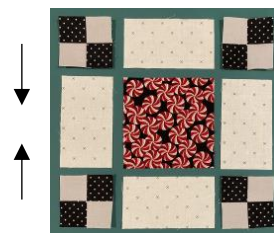
Sew together in three rows with three units each.

In Rows 1 and 3, press seams away from the Four Patches.

In Row 2, press seams away from the center square.

Sew the rows together and press the seams toward Row 2.

The block measures 8 ½" square, unfinished and will finish at 8" when sewn into the quilt.



Sewing Option B

Step 1 – Make four Four Patches for the corners.

Using the 1 ½" x 13" colorful strips (black print, floral print), follow the instructions in Sewing Option A, Step 1 to make four Four Patches that measure 2 ½," unfinished.



Step 2 – Make four rectangle units the sides.

Sew the 1 ½" x 19" background strip and the 1 ½" x 19" colorful strip (red) together on one long side. Press seams toward the lighter color. Sub-cut this strip-pieced unit at 4 ½" intervals. You need four rectangle units that measure 2 ½" x 4 ½."



Step 3 – Assemble the block.

Lay out the units for the block: four Four Patches made in Step 1, four 2 ½" x 4 ½" rectangle units made in Step 2, and 4 ½" center square.

Sew together in three rows with three units each. *In this step, you may need to re-press several seams in order for them to oppose nicely.*

In Rows 1 and 3, press seams away from the Four Patches.

In Row 2, press seams away from the center square.

Sew the rows together and press the seams toward Row 2.

The block measures 8 ½" square, unfinished and will finish at 8" when sewn into the quilt.

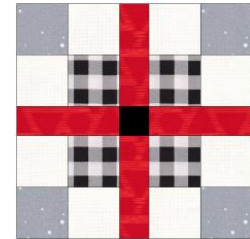
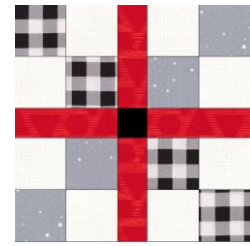


Sewing Option C

Step 1 – Make four Four Patches.

Two options of arranging the squares are shown.

Arrange the sixteen $2\frac{1}{4}$ " squares on a work table. Sew two squares together, then join pairs to make four Four Patches. Spin the seam allowances on the wrong side of the Four Patches in the centers.



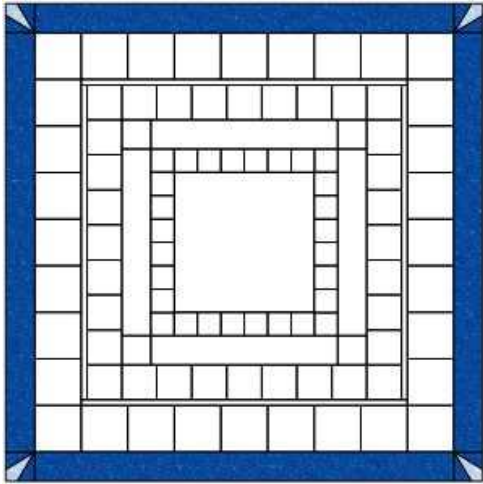
Step 2 – Assemble the block.

Lay out the components of the block as three rows with three units each: the four Four Patches, the $1\frac{1}{2}$ " x 4" strips, and the $1\frac{1}{2}$ " square. Sew the units of Rows 1 and 3 together and press the seams toward the $1\frac{1}{2}$ " x 4" strips. Sew the units of Row 2 together and press the seams away from the center square. The block measures $8\frac{1}{2}$ " square, unfinished and will finish at 8" when sewn into the quilt.



Border Around
Round 5
September 2021

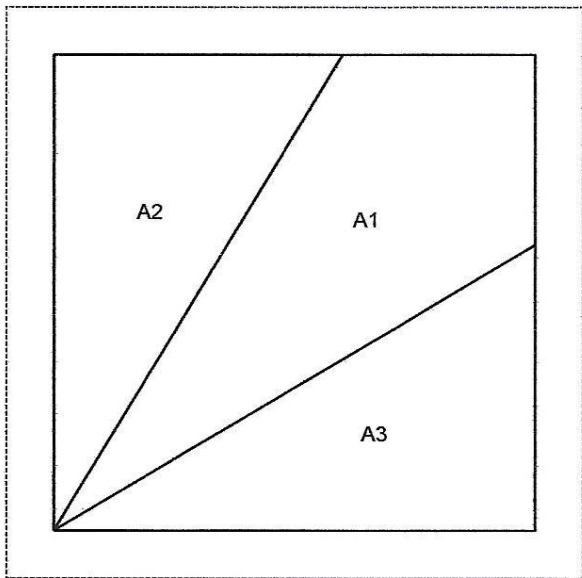
Option 5A



Measure through the center of your quilt in both directions to determine the length of your border strips.

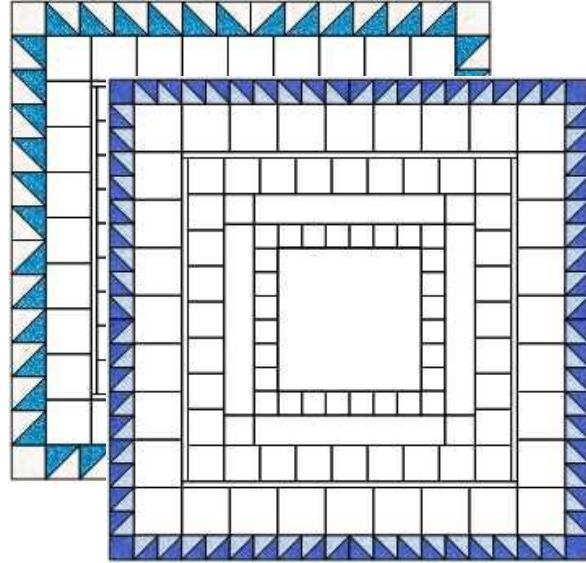
Cut 2 strips for the top and bottom borders that are 3" x your measured width.
Cut 2 strips for your side borders that are 3" x your measured length.

For your cornerstones, use the foundations below to paper piece the 4 corner blocks:



Your quilt will measure approximately 41" square

Option 5B (Large/Small)



Note: Both options assume that the quilt is 36" square

Option 5B Large HST:

Cut 4 squares 3 1/2" x 3 1/2" for your cornerstones

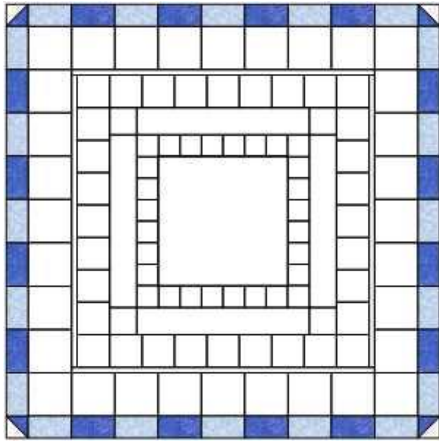
Cut 24 squares of each color 3 7/8" x 3 7/8" to make 48 HSTs that are 3" finished. Your quilt will measure approximately 42" square

Option 5B Small HST:

Cut 4 squares 2 1/2" x 2 1/2" for your cornerstones

Cut 36 squares of each color 2 7/8" x 2 7/8" to make 72 HSTs that are 2" finished. Your quilt will measure approximately 40" square

Option 5C



Note: This option assumes that the quilt is 36" square

Cut 36 rectangles 2 ½" x 4 ½"

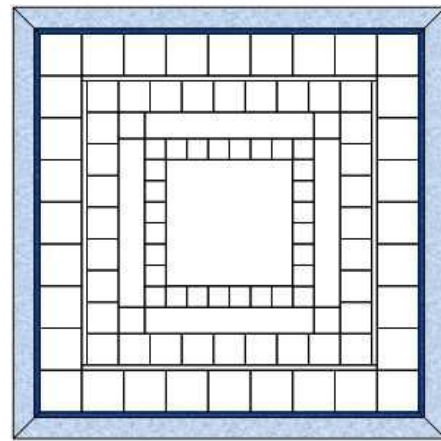
If you want to arrange them as shown in the drawing, you will need 20 light rectangles and 16 dark rectangles.

For the corner HST, cut 2 squares of each color 2 7/8" x 2 7/8".

Draw a diagonal line on the wrong side of the lighter squares and sew ¼" on each side of the line.

Cut on the diagonal line and press to the dark side.

Option 5D



This option is constructed using a measured mitered border technique.

For each fabric you need to have a 4 strips that are a minimum of 41 ½" in length

For the inner border, cut 4 strips 1" x WOF (41 ½" minimum)

For the outer border, cut 4 strips 2 ½" x WOF (41 ½" minimum)

Sew the inner border strip to outer border strip. Press open –or– press 2 strip sets to the inner border and the other 2 strip sets to the outer border.

Measured Mitered Border

Measure through the center of your quilt directions. (for example – 36")

Cut 2 mitered border strips ¼" less than this measurement (example – 35 ¾") using the 45 degree line on the ruler



35 ¾"

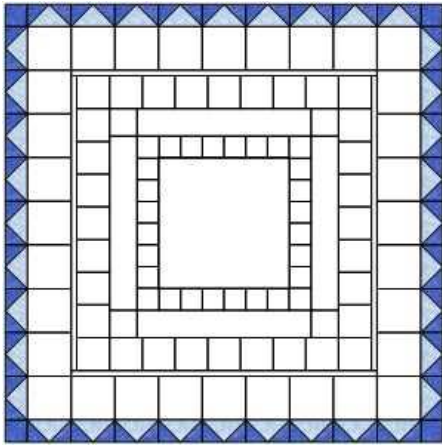
Place the border strips 1/8" from the each edge of the quilt. Sew the borders to the sides of the quilt starting and stopping ¼" from each end. Backstitch when starting and stopping.



Repeat this process for the top and bottom borders.

Sew the mitered corners after all the borders are attached. Backstitch at both ends of the seams.

Option 5E



Note: This option assumes that the quilt is 36" square

For the corners, cut 4 squares $2\frac{1}{2}'' \times 2\frac{1}{2}''$

For the rest of the border, you will need to make 36 Flying Geese that are $2'' \times 4''$ finished; you can make these using several different methods.

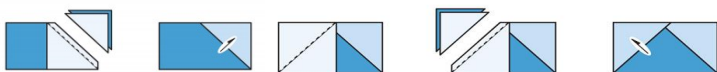
1. Traditional Method - To make one flying-geese unit: Cut a $2\frac{7}{8}''$ square of fabric in half diagonally to yield two small triangles. Cut a $5\frac{1}{4}''$ square of a contrasting fabric twice on the diagonal to yield four large triangles, reserving three for another use.



Sew one small triangle to one diagonal edge of the large triangle; press toward the small triangle. Sew the second small triangle to the other diagonal edge of the large triangle to make a flying-geese unit; press toward the small triangle.

2. Flip, Flip, Finish: Flippy Corners Flying Geese:

For each block, cut one rectangle $2\frac{1}{2}'' \times 4\frac{1}{2}''$ and 2 squares, $2\frac{1}{2}'' \times 2\frac{1}{2}''$. Draw a diagonal line on the wrong side of each square. Sew RST to the rectangle, sewing on the diagonal line. Trim a $\frac{1}{4}''$ seam allowance and press to the small triangle



3. Fast and Furious: Four-at-a-Time Flying Geese:

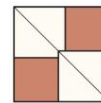
For each 4 geese, cut 1 square $5\frac{1}{4}'' \times 5\frac{1}{4}''$ and 4 squares $2\frac{7}{8}'' \times 2\frac{7}{8}''$.

For each set of four matching flying-geese units, you'll need one large square and four matching small squares. The large square will become the large triangle in each unit and the four small squares will become the small side triangles in each unit.

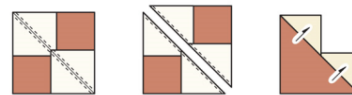
1. On the wrong side of each of the four small squares, draw a diagonal line from corner to corner using a permanent pen, pencil, or chalk marker.



2. With right sides together, place two marked squares on opposite corners of the large square. The points of the small squares will overlap just a little bit and the drawn line should extend across the large square from corner to corner as shown.



3. Stitch a scant $\frac{1}{4}''$ seam allowance on both sides of the drawn lines. Cut the squares apart on the drawn lines. Press the seam allowances toward the small triangles.



4. With right sides together, place one of the remaining marked squares on the corner of each piece. The drawn line should extend from the point of the corner to the point between the two small triangles. Stitch a scant $\frac{1}{4}''$ seam allowance on both sides of the drawn line. Cut the pieces apart on the drawn line. Press the seam allowances toward the small triangles. You'll have four flying-geese units. The units will measure $2\frac{1}{2}'' \times 4\frac{1}{2}''$.

