



Happy Birthday to:

Carol Starnes April 5
Debra Joas April 6
Linda Stuart April 26



Guild News for



MEETING REMINDERS

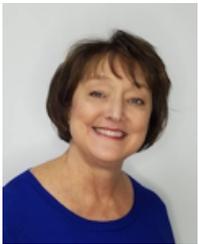
March Board Meeting Monday, April 12 at 6:30PM

Colleen Heacock's home and via Zoom
221 Woodrow St., Fayetteville

March General Meeting Sunday, April 18, 2PM - 4PM UNLESS otherwise notified at

Colleen Heacock's home and via Zoom
221 Woodrow St., Fayetteville

2021 Raffle Quilt



We still have plenty of tickets to sell on our GORGEOUS raffle quilt. I will mail or deliver them to anyone needing some. Would you be willing to sell or buy some? Because of Covid, some of us may not want to setup in

public to sell tickets. We can, however, make posts on social media.

1. Post a picture of the raffle quilt with a good description of the quilt. Include how the money from this raffle goes towards supplies that we use to make quilts for the NICU and VA hospital I CAN SEND A PICTURE TO YOU IF YOU NEED ONE!

2. Have your friends and family send the money directly to you.

3. Fill in their name and phone number on the ticket. OPTIONAL: take a picture with your phone of the filled out tickets and send it to the purchaser.

4. Mail to me the ticket stubs and the money or I can come pick them up.

Thank you to those who have already sent in their ticket stubs and money.

Thank you! Debby Grice

<https://www.tarheelquiltersguild.org>

President's Message

When your friends tell you they did not get a newsletter, tell them to send in their dues. If you haven't paid your dues by March no newsletter. But we need you and the guild misses you.



Our April meeting is Sunday, April 18th at 2:00PM. We are working hard to find us a place to meet so hang in there. We will keep you informed.

Our April board meeting is at 6:30PM on April the 12th at Colleen's house. **Board members it is important that you attend!!!!** Or let me know you will not be there. We cannot even do business without you. You can attend by Zoom.

See you all soon,
Nancy Moore



2nd VP Message

Wow Spring has arrived.

I have started to see flowers blooming already. I want to wish you all a very Happy and blessed Easter.

For April's Meeting if in person we will have a Show and Tell and a meet and greet. It will feel great to see you all in person.

If we are still meeting at my house it will still be Show and Tell and a short talk on something I am working on.

A supply list and directions for making a Quilt Memory Book that was shown at the February Meeting can be found on page 5 of this newsletter.

If anyone has any questions on the Quilt Memory Books, please feel free to call me: 937-422-0898.

Thanks and Happy Easter,
Colleen Heacock



<https://www.facebook.com/TarheelQuiltersGuild>

TARHEEL QUILTERS GUILD MEETING MINUTES 03/21/2021

HELD AT: Colleen Heacock's home

President, Nancy Moore, opened the meeting at 2:03 PM in Colleen's home.

There were 10 members attending in person and 14 via Zoom for total of 24 members present.

There were no corrections to the previous newsletter, which was approved as written.

The Treasurer's Report was given verbally by Mary Lou. The printed report will be given to the President for filing until audited:

Opening Balance	\$11,803.74
Receipts	60.00
Membership	125.00
Adv Income	15.00
Less Expenses	-150.84
Ending Balance	\$11,852.90

Treasurer's Report for March	
Beginning balance for March:	\$11,803.74
Credits.	+225.00
Debits,	-150.84
Balance on March 23:	\$11,877.90
CD's remain at	\$18,144.28
submitted by MaryLou Dibling	

No change to CD's this month

VA/Baby Quilts - no totals, but Baby Quilts are needed, please. Nancy will be on same schedule at Crafts, Frames, and Things to receive either type of quilt. Please make sure you have your name on each quilt.

Raffle Tickets - No report as Debbie Grice father is in the hospital.

Sunshine Report - reported 5 birthdays this month were recognized

Zoom Workshop - March 27,2021 - Aby gave the details of fabrics and work to be completed before the workshop 03/27/2021. She asked all who are planning to join to let her know ahead of time so she can send the zoom link before Saturday.

Colleen was presented a beautiful bionic gear bag as a thank you for allowing us to meet at her home during the past months. Of course, our "Resident Bionic Gear Bag expert" did her typical beautiful job and the bag was graciously accepted.

Membership Report - 53 paid members reported (includes 3 members whose memberships have been mailed).

The Zoom moderator will continue to be Colleen as long as we meet at her home.

Nancy Moore has contacted two possible venues for use at our future meetings as things open up.

The Program was given by Colleen, the theme was "Inspiration for Quilts...and life in general. Others shared some of their awesome completed projects.

Door prizes were presented to various members. Colleen will hold the door prizes at her home. Please contact her to make arrangements to get these to you, if you are a winner.

The next Board Meeting will be April 12th at 6:30PM and General Membership Meeting will be April 18th at 2:00PM. Unless further advised, both will be with Colleen in her home.

Nancy Moore. President, adjourned the meeting at 3:16 PM.

Ann Jackson
Secretary



Baby Quilts for the NICU



For the month of March 2021 quilts donated by Karen Troutman 1, Anita Andersen 6, Judy Connor 3, Colleen Heacock 2, Gladys Pedrojew 2, Sonia Blue 1 and Nancy Moore 1 for a total of 16 baby quilts.

Baby Quilts on hand 25 boys, 27 girls and 19 sets of twins, for a total of 71 quilts.

There were no quilts delivered to the NICU this month.

Just a reminder if you have gotten batting from me and made quilts could you please get them back to me.

Thank you, Marlene Brudvig

Block of the Month Quilt Along with Aby Options #3 - The Simplified Economy Block

If you like the look of the Economy Block but don't like the aggravation they can sometimes cause, you are going to LOVE this month's Options Block. Aby gives us a new and simplified version of the traditional "Economy Block".

Just be sure you have a square acrylic ruler for 6.5" and 8.5" squares and you're good to go!



I chose to fussy cut my primary blocks and then made one of each Option. You might remember that I've chosen to make two lap quilts, one with batiks and another with mostly calicos.

You'll find the instructions as an attachment with this newsletter.

VA QUILTS UPDATE

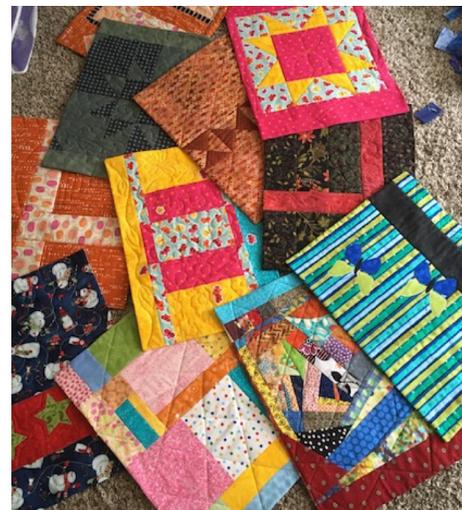


I've been looking through the 62 VA quilts we have on hand and they are beautiful. I wondered what the inspiration was for each one. The history of blocks caught my attention, so I searched further into the history of quilts in America. I picked the four distinct historical periods to share with you this month. They are Early American and Colonial Quilts, Civil War Quilts, Twentieth Century Quilting and Modern American Quilting. I wonder if that includes contemporary! I'll be letting you know what I find out about them in the coming months. I already see some subdivisions. In the meantime keep VA quilts on your mind because we will need quite a few in 2022.

Judy Connor

Marilyn Murray's 100 day Placemat Challenge

The January program at the Triangle Modern Quilt Guild was about a 100 day challenge which a member had done. The member made 6" blocks each day and then made her quilt. Other members shared their projects. Marilyn decided that since TQG collects placemats for Meals On Wheels every year and she had so many scraps she would make placemats instead of a quilt. Marilyn said, "I started on Inauguration Day. I figured I would be finished when president Biden marked his first one hundred days in office." Although she did miss a day, she made two on another day to make up and keep on track. Pictured below are some of Marilyn's placemats.



Border Around and Along with Pat Poulson - The Second Border



Our first border was a 2" border. The second border is a 2 1/2". Since the first border's finished measurement is 16" (16 1/2" including the seam allowance) which is not evenly divided by 2 1/2", most of the designs for this border are linear. The designs feature strip piecing with different cornerstones. One of the ways to change these designs is to insert additional cornerstones in the strips; to make these fit properly each side should be 16 1/2" long. There is one option this month does have more piecing – the design is paper pieced.

You'll find the instructions for the border options at the end of the newsletter. Pictured is a Christmas motif block with the first and second borders completed.



Scrappy Stars, Spinning Stars, and Twirling Stars

On Saturday, March 27 Aby Dolinger and Colleen Heacock hosted a Zoom workshop where Aby instructed the group in making baby quilts for the NICU. Aby and Colleen were joined by Anita Andersen, Connie Guyton, Barbara Munoz, Gladys Pedrojew, Sonia Blue, Rosie Clemm, Nancy Hope, Judy Connor, Ann Jackson, and Marilyn Murray (apologies to anyone that was left out). It was a wonderful combination of gathering to visit and getting baby quilts made for the NICU. Pictured here are some of the starry quilts in various stages of completion.



Sunshine Report - MaryLou Dibling

March Birthday cards were sent to Donna Saunders, Sabrina Thompson, Connie Guyton, Geneice McCullen and Sandra Russell.

Thinking of you cards were sent to Nancy Hope and Rhonda Gooding.

Please remember to let MaryLou Dibling know if you hear of anyone who needs a card.



Link to North Carolina Quilt Shows

Things are starting to open up and there will be shows to see. Click on this link and check the calendar for Quilt Shows in North Carolina. Dates keep changing so bookmark this page and check it frequently. <https://bit.ly/3fpnnBi>

Road Trip Anyone?



Raleigh, NC

Raleigh Convention Center

August 5, 6 & 7, 2021

Make a Quilt Memory Book - Colleen Heacock

This is a list of supplies for the Memory Books

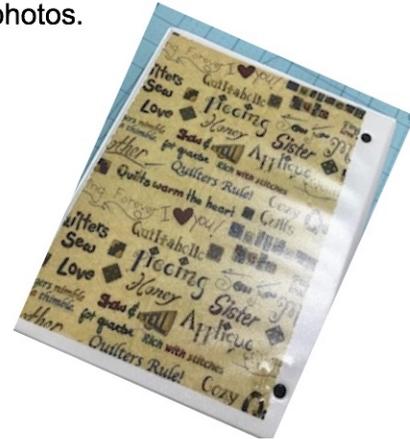
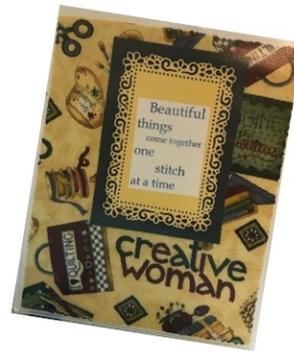
- Staples8
- 1" Standard 5 1/2 x 8 1/2 Binders \$6.99
- Staples brand 1" 3 ring binders \$9.79
- Avery Mini Sheet protectors 8x5 25 Ct. \$7.49
- From any craft store - iron -on stabilizer.

Use plane or printed scrapbooking paper cut to size.

Embellish with stickers and or buttons or pieces of fabric.

For the cover I took fabric and used iron -on stabilizer (To make it easier to slip into the cover).

Use Good quality paper that is acid free to help protect your photos.



Machines for Sale



Featherweight - includes case

Featherweight with case, Sews well, easy to clean and maintain \$450.00

Statler by Gammill Longarm includes stand alone thread winder 12 ft long with 26" throat Lightbar, hydrolic lift, extra zippers, lots of bobbins, needles, manuals and toolkit also lots of photographs, and some purchased designs.

call 910-669-2729



Statler by Gammil Longarm Quilting Machine



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(910) 630-3912 Mon– Sat 9 am–5 pm
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Bernina Creative Quilting Event!

Join Betsy Carlson from Bernina
April 24th, 9:30-12:30 or 1:30-4:30
Class sizes limited; call to enroll.
Exclusively at our store!

Not intended for current B770 or longarm owners. Class fee \$50; refundable with machine purchase.

Check Out Our BIG, Beautiful Newsletter for April, May & June at our website or pick one up at our store. See all the great classes, events & sales we have planned for you this quarter!

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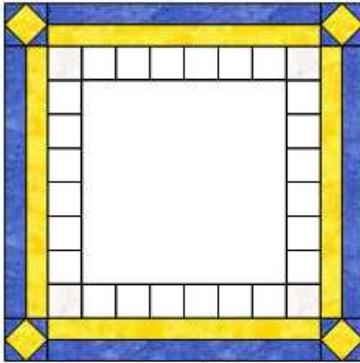
The TQG Newsletter is a great way to share your special projects and challenges with the Guild members. It's also a great place to advertise when you have Sewing Supplies that need to be re-homed

Contact Anita Andersen - andersen416@gmail.com
by April 27th to get your info in the May Newsletter.



Border Around and Along
 Border 2 – April 2021
 2 ½" Finished Border

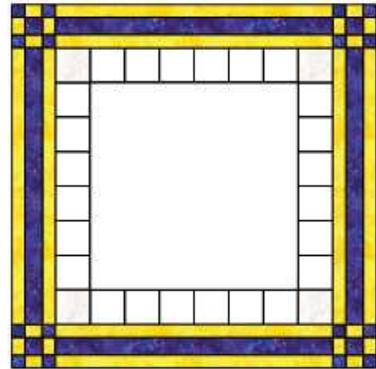
Option 2A



For each cornerstone, cut 1 square 2 ¼" and 2 squares 2 1/8" (4 and 8 total). Cut the small squares once on the diagonal. Add the resulting triangles to each side of 2 ¼" square.

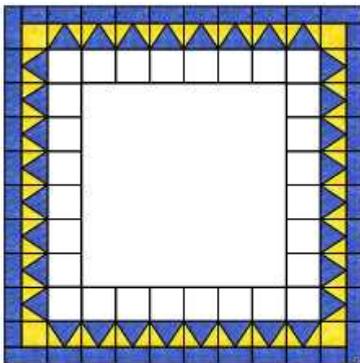
For the sides, cut 8 strips 16 ½" by 1 ¾" (4 of each color).

Option 2B



For each cornerstone, cut center square 1 ½"; 4 rectangles 1 ½" x 1 ¼" and 4 corner squares 1 ¼"
 For the sides, cut 8 narrow strips 16 ½" by 1 ¼" and 4 wide strips 16 ½" x 1 ½"

Option 2C



For each cornerstone, cut 1 square 2"; 1 rectangle 2" x 1 ½" and 1 rectangle 3" x 1 ½".

For the sides, make 32 paper pieced triangle units (see below). You may either add the rectangular strip to each triangle using the pattern or cut 4 strips 16 ½" by 1 ½".

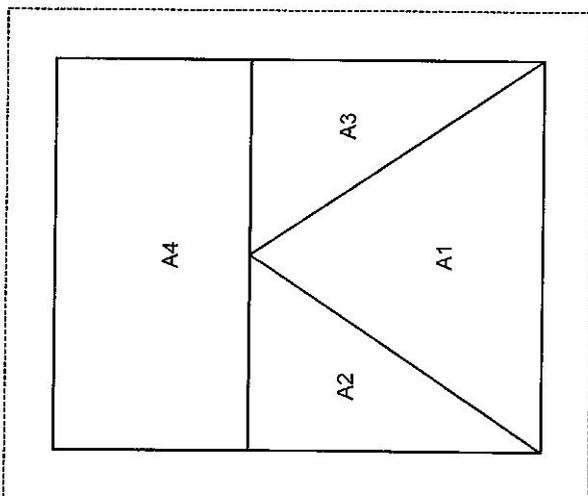
The foundation should measure 2 ½" by 3".

Option 2D



This option is applied to the center in three rounds. For the first round, cut 2 strips 16 ½" x 1" and 2 strips 17 ½" x 1"; first add the shorter strips to the sides and then the longer strips to the top and bottom. For the second round, make 12 HST by cutting 6 – 2 3/8" squares of each color (trim triangles to 2" and 4 strips 14 ½" x 2". Add a triangle to each end of the 14 ½" strip. Add a strip to each side. Add an additional triangle to the end of each remaining strip; add these strips to the top and bottom. For the final round, cut 2 strips 20 ½" x 1" and 2 strips 21 ½" x 1". Add the strips in the same manner.

Option 2E - Design your own 2 ½" finished border



Your quilt should measure 21 ½" square

“Options” - #3 – Economy Simplified Written by Abigail Dolinger, Dec. 2020

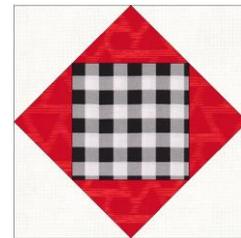
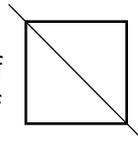
Make two (three, four) 8 ½” blocks that will finish at 8” in the “Options” quilt. For the first block, try the Primary Design. Then choose one of the Options for another block. You could simply vary the colors/fabrics used, or add a Four Patch in the center.

The traditional “Economy Block” is tricky to make correctly because of the eighth inch measurements of the cut triangles. I have simplified the cutting and squaring-up measurements which decreases frustration. (Compared to the traditional “Economy” block, the center square is under-size, and the triangles are cut over-size.) I would rather have a “floating” square and diamond than run the risk of trimming off the corners when squaring-up the block.

Primary Design

Cutting

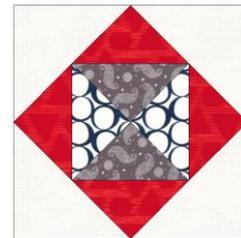
Background – Two 5 ½” squares, cut diagonally in half
Colors – Two 4 ½” squares (red), cut diagonally in half
One 4 ¼” square (black print for the center)



Option A

Cutting

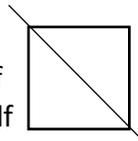
Background – Two 5 ½” squares, cut diagonally in half
Colors – Two 4 ½” squares (red), cut diagonally in half
Two 5 ¼” squares (one each of two contrasting prints for the center)



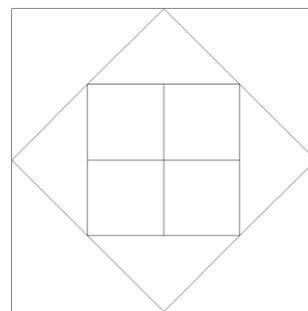
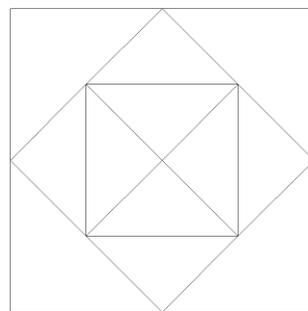
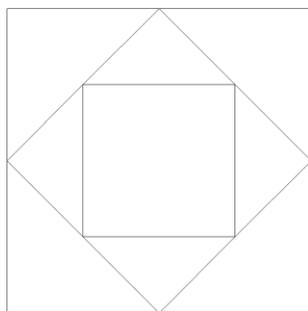
Option B

Cutting

Background – Two 4 ½” squares, cut diagonally in half
Colors – Two 5 ½” squares (aqua) cut diagonally in half
Four 2 3/8” squares for the Four Patch center
(One each of four different fabrics
or two each of two different fabrics)



Plan your blocks – use colored pencils to fill in the squares and triangles



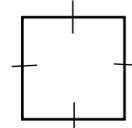
Sewing the Primary Design

Note: *Closely follow your own color plan. Take care when handling triangles; don't stretch the bias hypotenuses as you pin and sew.*

Step 1: *Work with the center square and the four smaller triangles*

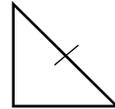
Mark the mid-points of all four sides of the 4 ¼" center square.

You may use pins, finger-press a crease, or mark with a fabric marker in the seam allowance.



Mark the mid-point of the hypotenuses of the four triangles cut from 4 ½" squares.

Match the mid-point of the triangle to the mid-point of a side of the square, pin right sides together and sew.

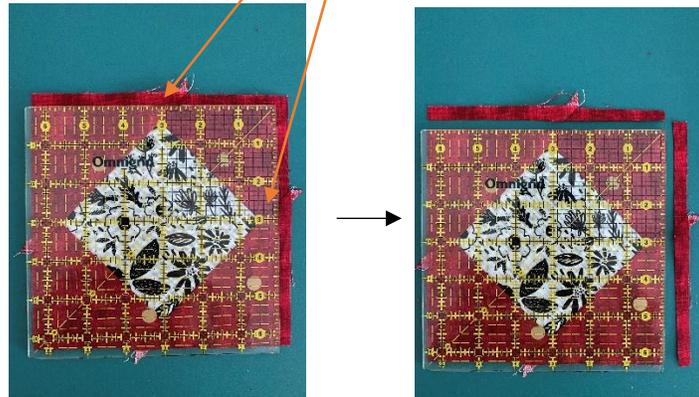


Similarly, match, pin, and sew another triangle to the opposite side of the center square. Press seam allowances toward the triangles.

Add the remaining two triangles to the center square. Trim off the "dog ears" (excess triangle points). Press seam allowances toward the triangles.



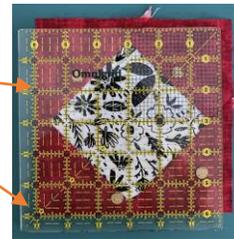
Square-up the patchwork to 6" x 6." Align the 3" marks of an acrylic ruler on all four corners of the interior square. Trim along the right side and along the top.



Then rotate the block 180 degrees and align the 6" marks of the ruler on the two trimmed sides.

Trim along the right side and along the top.

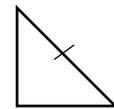
Note: There is more than 1/4" seam allowance beyond the corners of the interior square.



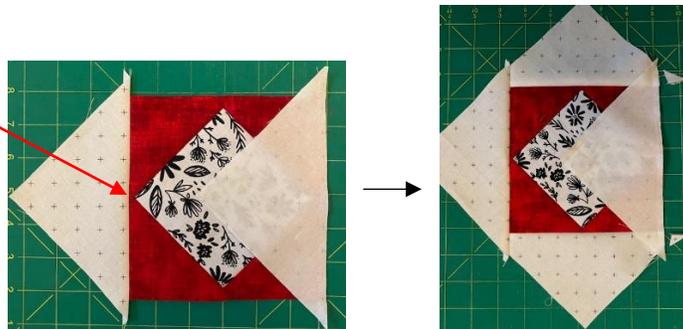
Step 2: Work with the Step 1 patchwork and the four larger triangles

Mark the mid-point of the hypotenuses of the four triangles cut from 5 1/2" squares.

Match the mid-point of the triangle to the mid-point of a side of the square, pin right sides together and sew.



Note that there is more than 1/4" of the red fabric beyond the corners of the "floating" diamond. This is the result of simplified measurements and squaring-up instructions.



Similarly, match, pin and sew another triangle to the opposite side of the center square.

Press seam allowances toward the larger triangles.

Add the remaining two triangles to the center square. Trim off the "dog ears."

Press seam allowances toward the larger triangles.

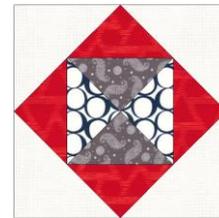
Square-up the patchwork to 8 ½" x 8 ½." Align the 4 ¼" marks of an acrylic ruler on the corners of the interior (red) square. Trim along the right side and along the top. Then rotate the block 180 degrees and align the 8 ½" marks of the ruler on the two trimmed sides. Trim along the right side and along the top.



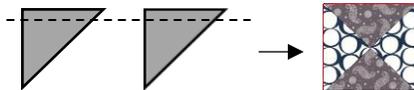
Note that there is more than ¼" of the background fabric beyond the corners of the red "floating" diamond. This is the result of simplified measurements and squaring-up instructions.

Sewing Option A

Step 1 – Work with the two 5 ¼" squares of contrasting prints. Cut on both squares on both diagonals.



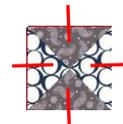
Sew two contrasting triangles together on a short side. Repeat with two more triangles. **For both pairs, place the darker triangle uppermost and feed both under the presser foot with the 90-degree triangle first.** Press seams toward the darker triangle.



(Four of the small triangles, two each of the prints, will not be used. You may reserve them for the center of another "Options" block.)

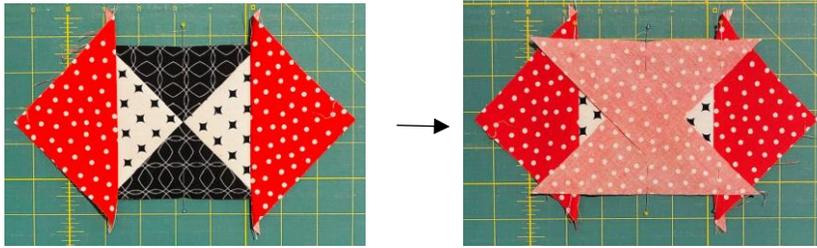
Sew two of the triangle units together to make an Hourglass block as shown above. Press seam open. **Trim the Hourglass to measure 4 ¼" square. Refer to the "Hourglass Square-Up" document for instructions.**

Step 2 - Mark the mid-points of all four sides of the 4 ¼" Hourglass block. You may use pins, finger-press a crease, or mark with a fabric marker.



Also mark the mid-points of the hypotenuses of the four triangles (red) cut from 4 ½" squares. Match the mid-points of the triangles with the mid-points of the sides of the Hourglass made in Step 1. Pin and sew triangles to opposite sides of the Hourglass. Press seams away from the Hourglass. Then, pin and sew triangles to the remaining sides of the Hourglass.

Trim off “dog ears.” Press seams away from the Hourglass. **Refer to the pictures in Sewing the Primary Design, Step 1 and trim the patchwork to 6” square.**



Step 3 - Work with the patchwork created in Step 2 and the four larger (background) triangles. Mark the mid-point of the hypotenuses of the four triangles cut from 5 ½” squares. Match the mid-point of the triangle to the mid-point of a side of the 6” patchwork square, pin right sides together and sew.



Similarly, match, pin and sew another triangle to the opposite side of the 6” center patchwork square. Press seam allowances toward the larger (background) triangles. Add the remaining two triangles to the center square. Trim off the “dog ears.” Press seam allowances toward the larger triangles.

Square-up the patchwork to 8 ½” x 8 ½.” Refer to the pictures in Sewing the Primary Design, Step 2. Align the 4 ¼” marks of an acrylic ruler on the corners of the interior (red) square.

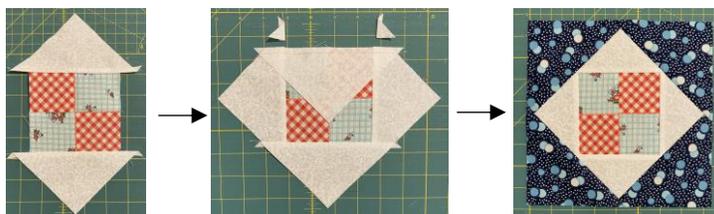
The seam allowance beyond the corners of the interior (red) square will be greater than ¼.”

Trim along the right side and along the top. Then rotate the block 180 degrees and align the 8 ½” marks of the ruler on the two trimmed sides. Trim along the right side and along the top.

Sewing Option B

Step 1 - Make a Four Patch by sewing the four 2 3/8” squares together. Confirm that the Four Patch measures 4 ¼” square.

Step 2 - Follow the steps for sewing the primary design. Sew the smaller triangles to the Four Patch first and then trim to 6” square. Next, sew the larger triangles to the patchwork and trim to 8 ½” square.



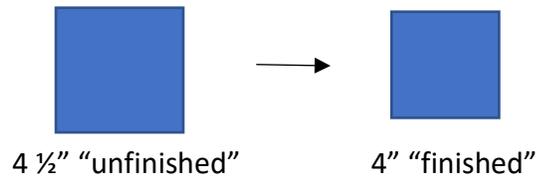
“Hourglass” Square-Up

How to square-up “Hourglass” patchwork quilt blocks

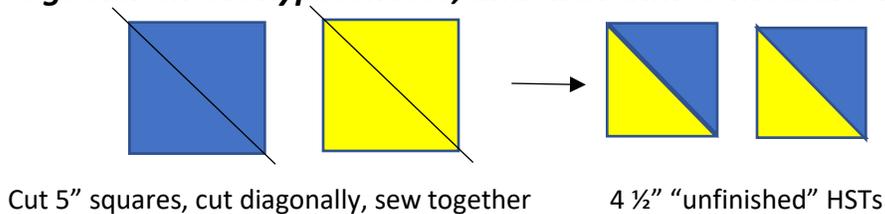
Written by Abigail Dolinger, March 2021

The Logic of Patchwork Measurements for Squares

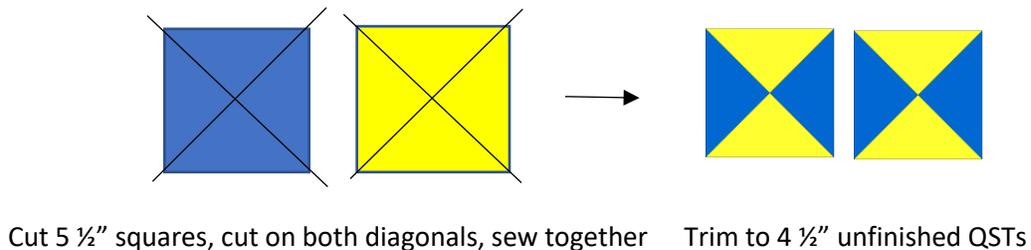
Plain Squares: If you want a square to “finish” at 4” in a quilt, you must cut it 4 ½” to allow for seams.



Half Square Triangles: If you want a square made of two triangles to “finish” at 4” in a quilt, you must cut 4 7/8” squares and then cut them in half diagonally to make triangles. *However, I prefer to cut 5” squares, cut them in half diagonally, sew together on the hypotenuses, and then trim to measure 4 ½.”*



Quarter Square Triangles: If you want a square made of four triangles to “finish” at 4” in a quilt, you must cut 5 ¼” squares and then cut on both diagonals to make 4 triangles. *However, I prefer to cut 5 ½” squares, cut them on both diagonals, sew together on the short sides, and then trim to measure 4 ½.”*



How to trim QSTs (Quarter Square Triangles a.k.a. “Hourglass” blocks)

Determine the size of the “unfinished” QST according to the quilt pattern. Our example is a 4 ½” “unfinished” QST or “Hourglass” block that will finish at 4” when sewn into the quilt.

Place the over-size QST on a cutting mat.

Look closely at the measuring numbers and lines on a 6 ½” square ruler.

Find the four points on the ruler that will match the four seam lines of the QST as follows:

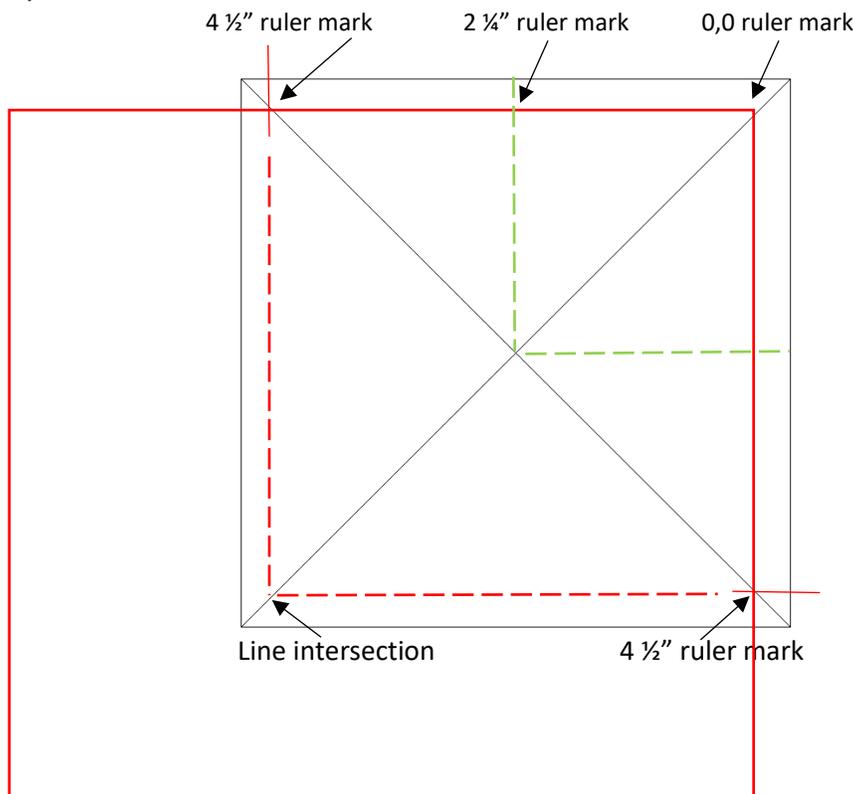
Assuming you are right-handed, rotate the 0,0 corner of the ruler so it is at the upper right. ***This 0,0 is the first point.***

Locate the 4 ½” mark along the top of the ruler, and locate the 4 ½” mark along the right side of the ruler. ***These 4 ½” marks are the second and third points.***

Now allow your eyes to follow the two 4 ½” lines until they intersect. ***This is the fourth point.***

Match these four ruler points on the four seam lines. Trim along the right and top of the ruler with a rotary cutter. Rotate the block 180 degrees, again match the four points of the ruler with the seams, and trim the block to 4 ½.”

(The block outline is black, the ruler outline is red. Green dashed lines show QST center.)



In addition to matching the four points of the ruler on the seam lines, match the very center of the QST with half the width of the “unfinished” QST.

In our example of a 4 ½” unfinished QST, half of 4 ½” is 2 ¼.”

Find the 2 ¼” marks on the top and right sides of the ruler. Allow your eyes to follow the two 2 ¼” lines until they intersect. The intersection should be at the very center of the QST.