# Tarheel Quilters Guild 

Promoting and perpetuating the art of quiliting since 1981

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MEETING REMINDERS

General Meeting via Zoom
Sunday August 16 at 2:00 pm
Watch your email for code and password

## Guild News for



## PRESIDENT'S CORNER - KAREN POTTS

Here it is August already, and the heat is upon us. Stay cool and hydrated!

Click Here for help in how to join a Zoom Meeting.

Not much has changed. We are still under the restrictions that prevent us from meeting in person. While our August Guild meeting at the Masonic Center is cancelled, we plan another virtual Zoom Guild meeting for Sunday, August 16 at 2:00 pm. We have purchased the Zoom program, so there will be no time limit for the meetings.

Since there isn't much to report, I thought I would tell you a story of "Quilt Surgery," a true account of a recent project of mine.

A close friend of mine was expecting her first grandchild, a little girl, in April of this year. Since her daughter had been told she would never have children, I wanted to make a special quilt for this little miracle. My friend told me the name they had chosen for the baby was Rhyland (a family name). So I decided to put the baby's name on the quilt using Annette Ornelas' alphabet.

I had the quilt pieced before the baby was born but was procrastinating on the quilting. I finally began the quilting, stitching in the ditch. The baby arrived on April 20, and in the text and photo I received announcing her birth, her name was given as Ryland! Oh no! What to do? "Quilt Surgery."


I painstakingly removed the quilting around the panel containing the name and unstitched the panel from the rest of the quilt. Then I had to unstitch and remove the " h ," stitch the name back together, and add short spacers at each end of the name to increase the panel length back to the original size. Then re-piece the quilt top, rebaste, and redo the stitch in the ditch quilting. At last the quilting and binding were completed, and the quilt was sent on its way to the new little one, Ryland!


Have you ever had to do a bit of quilt surgery?
Until next month, stay cool, stay safe and stay in touch with your fellow Guild members!

AUGUST BIRTHDAYS
Sonia Blue
Elsie McPhail
Amy Allison
Susan Bruhn
Pamela Barnard
Joy Cannady

Aug, 1
Aug, 11
Aug, 15
Aug, 27
Aug, 30
Aug, 6


## Secret Quilters Luann Myers

Please don't forget your secret quilters during this time. You may mail them a card if you are not able to take a package to the post office. To keep the secret of your identity, use the Guild PO Box or my address for the return address.

Tarheel Quilters Guild
P.O. Box 36253

Fayetteville, NC 28303-1253
If you have any questions you may call me and leave a message. 910-864-1284.

## TREASURER'S REPORT - Rhonda Gooding

Our total balance for all guild accounts (CD + Checking) is $\$ 27,295.81$
Our checking account balance as of $7 / 23 / 2020$ is $\$ 9,133.30$.
Since the time of our last newsletter I have written one check for the newsletter expenses for $\$ 104.22$, and we have paid $\$ 40.00$ for our storage unit. Whoever agrees to audit the books for 2020 will have an easy task!

We continue to try to stay safe and healthy. My current project is the Long and Tall pattern by Daniela Stout. The fabric is Colorpop by Island Batiks and it is very happy. Will show you the finished product SOMETIME!! LOL! I am also keeping up with Aby's BOM. It is coming together pretty with my 30 s fabric. Hope that you are all doing well. Miss you and look forward to seeing you soon! Rhonda

Send reimbursement request to:
Rhonda Gooding, 3517 Birkdale Court, Fayetteville, NC 28303

## Programs - Aby Dolinger, 2nd VP

Here are some suggestions for ways to contribute during these unprecedented times.
Charitable Opportunities for Socially Distanced Quilters
1 - Make face masks for family, friends, and institutions requesting them
2 - Make lap quilts for the VA hospital


3 - Make baby quilts for the NICU
4 - Make appliqued pineapple blocks for quilts to be donated to Brenner's Children's Hospital https://www.pineapplefabrics.com/pineapple-pieces-project/
5 - Donate your time teaching others to sew and/or quilt
6 - Call or send a note to a TQG member
"I continue to make quilts for Friendship House and they are so well received. I have also sent cards to guild members. I have made NICU and VA quilts." - Mary Ann" list.
"Seems a little early, but Christmas stockings will be needed for NICU in December. Fun project to finish your day when you are not up to quilting." - Ann J"

## Workshops - Nancy Hope, 1st VP

Hello Everyone,
I'm sorry to say, but we won't be having a quilting workshop in the month of August.
On a personal note, I made a new quilt top yesterday. I bought an e-copy of the
 August/September issue of Quick \& Easy Quilts magazine.
Aby Dolinger has written a pattern:
GIANT STAR. It uses fat quarters and is easy and simple to make. I had fun with it, and picked materials to make a VA quilt.


I also finished another UFO: WAVES OF GLORY by Annette Ornelas.

You know, it has been really exciting to be able to get some projects completed that have been in my 'to do' stash for a year or more!

I miss seeing everyone at our Quilt Guild meetings and think of you often.
Hope to see you soon, Nancy Hope

## VA QUILTS

I wish there was more to report regarding VA quilts, but we will get back together very soon. At least, this is in my prayers. I really miss our times together. Seems so very long since we have been able to gather, but hope everyone is safe and well.

If anyone has completed any VA quilts and wants to get them to me, please give me a call and we will make arrangements for me to pick them up. I will also deliver any batting if you need that. These are very difficult times for so many, but I do hope you are finding some time to relax and enjoy your crafting/sewing.

We have 2 weddings within three weeks in my family, but after these I plan to pull out my container of Christmas fabrics and begin Christmas stockings for the NICU. Yes, I know it is July and almost 100 degrees outside, but I need to think about happy family gathering times and colorful fabrics!

Happy quilting everyone!
Ann Jackson
VA Quilt Coordinator

## BLOCK OF THE MONTH

The drawing for the JULY Block of the Month (Dreamweaver found in July Newsletter) will be on Sunday, August 16 therefore Karen must have your block by August 15.

AUGUST BLOCK OF THE MONTH - HEART and HOME The AUGUST Block of the Month comes from the American Quilt Society's "Quilting Along Together" Blog. You can find it at http://www.aqsblog.com/heart-home-block-swap-quilting-on-together. The PDF file attached with the Newsletter has the instructions for only
 the 8 Inch block. All are encouraged to make the 8 inch block and then sign the heart as a way of showing our solidarity in quilting even though we are not able to meet together.

Send your block in a standard legal size envelop to
Karen Potts 1226 Festus Rd Coats, NC 27521

Karen must receive the block by September 19 for the drawing on September 20th.

## KEEP MOVING FORWARD!-

When my father was losing the use of his legs due to an un-diagnosable spinal condition my mother told him he could sit and feel sorrow for himself because of what he could no longer do or he could find new interests and challenges that he COULD do. We seem to be in a similar circumstance. We can moan about not being able to do workshops and meetings as they've always been done or we can rise above it and find new ways to interact. - Anita Andersen

YOU, the members of Tarheel Quilters Guild, are being asked to give some suggestions on how to MOVE FORWARD in new and hopefully exciting ways. Here are a few ideas to get you started.

- Pair up guild members who don't really know each other for once a week phone chats. "Not so secret quilters."
- Divide the guild up into smaller groups (5-10) by zip code that could meet together safely in a home or back yard or quilt shop.
- Pick a YouTube tutorial project for everyone to try and then set a time to share results or post results on the Guild webpage, FaceBook or a zoom meeting.
- Find out how many people have FaceTime or Skype and pair up.

Please add to this list by sending your ideas to Karen Potts at karenpotts@hotmail.com

## Thank You Friends

Dear Friends, I love the dish garden you sent. It is so lovely, and I am very thankful for all the cards and phone calls.

My precious Lonnie was very sick for so long and was only diagnosed with stage 4 cancer a few days before his death. We could not visit him and be with him in his and our time of need. I don't think I will ever recover from this pain. Only God can help me now. Remember my family in your prayers.

Thank you all for your love and your friendship.
Love,
Judy Parker and Family


The Great Wisconsin Quilt Show will be an online experience this year. Click Here to find out more about how to register and be a part of this experience.

## Change of Address

New address for Colleen Heacock:
221 Woodrow Street, Fayetteville, NC 28303

## Quarantine Show \& Tell

Way back at our March meeting Karen Potts shared a letter from Margaret Jennings. She was looking for someone to complete a quilt project that her mother had started. Her mother passed away in 2002 and Margaret couldn't bring herself to toss her mother's hand sewn work. She wanted it "completed" in such a way that she and her grandchildren could USE what her mother had started.

Anita Andersen took up the challenge. Click Here to go to the TQG Quarantine Show and Tell Page to see how it turned out along with other members' projects.

SHARE YOUR PROJECTS WITH THE GUILD!
Send a brief description with pictures of your project to Bonnie McPhail at bonbon28385@yahoo.com and she will add to the page.

If you need Mystery Quilt Instructions Contact Irene Grimes

## "Quillt Along" with Aby"

Each month Aby post free instructions for making a "big sister" 12 " block and a "little sister" 6 " block. Supplies are a Layer Cake of 10 " squares or a stack of 12-14 Fat Quarters plus yardage for background and borders

Click here for a direct link to the Sisters BOM QAL tab

## Masks and Scrub Cap Donations can be sent to:

## For the VA

Norma N. Fraser, Chief, Voluntary Service
Fayetteville NC VA Coastal Health Care System
2300 Ramsey Street
Fayetteville, NC 28301
Phone: 910-822-7027
Email: norma.fraser2@va.gov

For Cape Fear Valley Hospital
Sabrina Brooks at The Cape Fear Valley Health Foundation
Monday - Friday between 9am and 4:30 pm Medical Arts Building at 101 Robeson Street. Please call 615-1285


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 for Details
## Do you offer a quilting service?

Longarm quilting? Binding services?
Teach classes?
Get the Word Out!!
Advertise in the Tarheel Quilter's Guild Newsletter Contact Newsletter Chair, Anita Andersen today!

## Click Here for help in how to join a Zoom Meeting.

Watch this 4.5 minute video on how to get started with Zoom. There are many
YouTube videos on how to participate in a Zoom meeting. You should be able to find one that meets your needs.

You must download the Zoom app on your device before getting stated so this should be done well in advance of the scheduled meeting.

From the American Quilt Society's Quilting on Together - Free Patterns http://www.aqsblog.com/heart-home-block-swap-quilting-on-together

We are making the 8 Inch Version of this Block
Make a Heart \& Home Block and organize a block swap with your quilting friends! It's one more way we are Quilting on Together. The block comes with two size options and you can adjust from there to any size you like with a framing border. Let's get started!


Heart \& Home Block
by Betsey Langford \& Emily Cross
$8 "$ x $8 "$

## Fabric Requirements

Scraps of the following colors:
Cream/Background
Brown/Roof
Blue/House
Red/Heart


8" Heart \& Home Block Cutting
From the background fabric, cut:
A - (1) $5^{\prime \prime} \times 5^{\prime \prime}$
H-(2) $11 / 2^{\prime \prime} \times 41 / 2^{\prime \prime}$
From the roof fabric, cut:
B - (1) $5^{\prime \prime} \mathrm{x} 5^{\prime \prime}$
From the house fabric, cut:
D - (1) $3^{\prime \prime} \times 3^{\prime \prime}$
F - (4) $11 / 4^{\prime \prime} \times 11 / 4^{\prime \prime}$
G - (2) $11 / 2^{\prime \prime} \times 41 / 2^{\prime \prime}$
From the heart fabric, cut:
C - (1) $3^{\prime \prime} \times 3^{\prime \prime}$
E-(2) $21 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$

## Roof Unit

Mark the wrong side of the A piece in half diagonally once. Lay marked square right sides together with a B piece. Sew $1 / 4^{\prime \prime}$ to each side of the marked line. Cut apart on the marked line, and press to make 2 Half Square Triangles.


For the 8" block, trim the Half Square Triangles to $41 / 2^{\prime \prime}$ square.
Sew the trimmed Half Square Triangles together to form the Roof unit, as shown below.


For the 8" block, the unit measures $81 / 2^{\prime \prime}$ x $41 / 2^{\prime \prime}$ unfinished.

## Heart Bottom Unit

Mark the wrong side of the D piece in half diagonally once. Lay marked square right sides together with a C piece. Sew $1 / 4^{\prime \prime}$ to each side of the marked line. Cut apart on the marked line, and press to make 2 Half Square Triangles.


For the 8" block, trim the Half Square Triangles to $21 / 2^{\prime \prime}$ square.
Sew the trimmed Half Square Triangles together to form the Heart Bottom unit, as shown below.


For the 8" block, the unit measures $41 / 2^{\prime \prime}$ x $21 / 2^{\prime \prime}$ unfinished.

## Heart Top Unit

Mark the wrong side of the F pieces in half diagonally once. Lay marked square right sides together with an E piece on the corner. Sew on the marked line and trim a $1 / 4^{\prime \prime}$ seam allowance. Repeat on the opposite corner with another marked square, as shown below. Repeat to make 2 Corner Flip units.


Sew both of the Corner Flip units together to make a Heart Top unit.


For the $8^{\prime \prime}$ block, the unit measures $41 / 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ unfinished.

## Heart Unit

Sew the Heart Top unit and the Heart Bottom unit together to make a Heart unit.


For the $\mathbf{8}^{\prime \prime}$ block, the unit measures $41 / 2^{\prime \prime}$ square.

Sew together an H piece and a G piece on the long side. Repeat to make 2 Rail units.


For the 8" block, the unit measures 2 1/2" x 4 1/2" unfinished.
Sew the Rail units to both sides of the Heart Unit, as shown below, to make a House Unit.


For the $8^{\prime \prime}$ block, the unit measures 8 1/2" x $41 / 2^{\prime \prime}$ unfinished.

## Heart \& Home Block Assembly

Sew together the Roof Unit and the House Unit, as shown below, to make a Heart \& Home block.


> Please sign the block in the Heart Section as you would a Signature Block with permanent ink or hand or machine embroidery.

For the $\mathbf{8}^{\prime \prime}$ block, the block measures 8 1/2" x 8 1/2" unfinished.

## Customizing Block Size with Framing Borders

If you want to make the block a different size without recalculating, choose the size that is smaller but nearest to the size you desire. Then sew a framing border around the block to make the block the size you want.
For example, want a $12^{\prime \prime}$ finished block? Choose the $8^{\prime \prime}$ block.
12" (desired block size) - 8"(current block size) $=4$ " needed
4" / 2 (to divide evenly) = 2"
$2^{\prime \prime}+1 / 2^{\prime \prime}$ (seam allowance) $=21 / 2^{\prime \prime}$ wide strips needed for the framing border.

